

East End Life to go fortnightly

Mayor Biggs announces plans for newspaper – have your say





Places to go, things to do

Find out what's happening in the borough this month

'OWERHAMLETS.GOV.UK

SEE GET A LIFE, INSIDE

ISSUE 1079 28 SEPTEMBER - 4 OCTOBER 2015

eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Top-notch nosh!

Council wins gold award for healthy, sustainable school meals

WHERE can you get a free, fresh, nutritious and sustainable meal on your doorstep, that picks up awards from one of the UK's leading food campaigns?

In Tower Hamlets, the answer is... at school.

This week, the council was presented with the top award for catering by the Soil Association, the charity that campaigns for healthy, humane and sustainable food.

Tower Hamlets was awarded the gold Food for Life Catering Mark, recognising its use of organic ingredients and freshly cooked food in 29,000 meals to primary and nursery school children every day.

The mark provides an independent endorsement that caterers are meeting standards on nutrition, freshness, sustainability and animal welfare.

The council has worked closely with its suppliers to $review\ ingredients\ to\ meet\ the$ gold standard and is now serving organic meat to pupils.

Mayor John Biggs said: "The school meals we provide set children up for the day ahead. They are nutritious, delicious,

BY SAM GOUGH on learning. We must comquality food, day in, day out."

Every primary school pupil in since September 2014, regardless ing service was named the best mend all those who have Tower Hamlets, including those of their family's income. worked so hard to ensure that at non council-run free schools our pupils are given the best and academies, has been council has received for school entitled to a free school meal meals. Last year, its school cater-

This is not the first award the

award twice – the only council in the country to have done so. Cllr Rachael Saunders, deputy mayor and cabinet member for education and children, said: "This was a challenge. We worked closely with our suppli-

they could provide a lot of the

in Britain at the Lead Associa-

tion for Education Catering

awards. The service has won this

ingredients we need. "Our officers visited the farm and were really impressed by the standards that the animals and knowledge of the staff.

"With their help, we have worked with butcher William Whites to develop a new menu.

"I am so pleased with the quality of food provided to our school children.

"It's fantastic to hear how much they love them."

More than 1.5 million catering mark meals are served every day across schools, hospitals, ers, Rhug Estate, and found nurseries, universities, workplaces and care homes in the UK. They provide food that is at least 75 per cent freshly prepared, free from undesirable additives and were reared to, and the passion trans fats and are better for animal welfare.





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Changing lives

"There are a lot of confident, proud people who are using what they know to change other areas of their life."

TINA POYZER, THE MAP SQUAD



Ten years on... and still partying

The Bubble Club, an entertainment night which aims to improve the lives of people with learning disabilities, has provided regular, safe and accessible club nights for ten years.

WWW.FACEBOOK.COM/BUBBLECLUBEAST

News

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soundtalking

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audio tape – if you know someone who would like to

@towerhamlets.gov.uk

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If you know someone who does

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Big bash to celebrate Bubble Club birthday

Club for people with learning disabilities marks ten years

BY JESSICA ODUBAYO

REVELLERS danced the night away as the Bubble Club celebrated its tenth birthday.

The club, which aims to improve the lives of people with learning disabilities, provides regular, safe and accessible club nights for the whole community to enjoy.

The big birthday bash, on September 15, was held at the Backyard Bar in Bethnal Green.

More than 30 people with learning disabilities help to plan and manage the club nights, researching and booking acts and venues, creating promotional art work, building sets and props, and publicising it via social media.

Volunteers also work with the club, offering support in roles including ticket sales, bar and health and safety duties, and stage management.

Over the last decade, the Bubble Club has sold more than 10,000 tickets, brought more than 120 acts to the stage and offered training and work opportunities in subjects such as DJ skills, photography and dance.

Tina Poyzer is the programme director of the MAP



A performer gets the crowd going



Revellers at the birthday party

Squad, a member-led voluntary organisation which supports and trains people with Bubble Clubs for everyone to learning disabilities and runs enjoy," she told East End Life. the Bubble Club.

experience that everyone now has means better and bigger

"There are a lot of confident, "The skills, knowledge and proud people who are using

what they know to positively change other areas of their life."

Ms Poyzer said one of the event's accomplishments was that helping people with learning disabilities feel safe and confident on nights out.

A clubber said: "There's a beautiful atmosphere, you get to meet new people and see old friends."

The club also works with community organisations and has taken part in events and festivals across the UK, including the Lord Mayor's Show and Godney Gathering.

Ms Poyzer urged club goers to keep partying and thanked volunteers and supporters.



Inside this week's issue

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Your views on East End Life's future

Email your views to consultation@towerhamlets.gov.uk, call 7364 0811 or write to Communications, Tower Hamlets Council, 6th floor, Mulberry Place, E14 2BG.

A digital future?

"East End Life has had a key role to play in providing local people with useful information for the last 23 years."

SEE BELOW

MAYOR JOHN BIGGS

News

Have your say as Mayor of Tower Hamlets announces changes to frequency of newspaper







News in brief Save on energy bills

AS the winter months approach, residents are being urged to sign up to a scheme which could deliver major savings on their energy bills.

The council's Tower Hamlets Energy (T.H.E.) Community Power scheme harnesses the collective buying power of residents to ensure that energy providers give the best rates possible to those in the scheme.

T.H.E. Community Power has also joined The Big London Energy Switch to build on the scheme.

The deadline to sign up to the next round is on Monday, October 12, ahead of an energy auction on the following day.

The last auction was held in May 2015 and local residents saw an average saving of £219.99 per year on their bills.

To register now, with no obligation to switching provider, go to www.towerhamlets .gov.uk/energy or call Freephone 0800 508 8364.

East End Life to go fortr

BY KELLY POWELL

THE Mayor of Tower Hamlets, John Biggs, has outlined his plans to make changes to East End Life.



The council's weekly publication will be moving to fortnightly at the end of this year and a full review of the council's communication with residents is being commissioned.



Life has had a key role to play in providing local people with useful information about the work of the council, its partners and events in the local community for the last 23 years.

"However, in over 20 years of weekly publication, the world has changed – particularly with the use of the internet – and it is time we looked again at it.

"Furthermore, there is a clear will now comply with government guidance which limits the frequency of publication of East End Life.

Mayor Biggs said: "East End external review of our wider to Communications, Tower communications work to ensure that we are well placed to communicate effectively with residents in the future, making use of digital developments, while not losing sight of the different needs of our diverse communities."

The review of the council's communications activities will be taking place in October 2015.

To share your views on how expectation that the council you would like to receive information about the council's work, or the proposed changes to East End Life, email consultation @tower hamlets"I have commissioned an .gov.uk, call 7364 0811 or write



Hamlets Council, 6th floor, Mul-

berry Place, London E14 2BG.

Man charged with brother's murder

A MAN has been charged with the murder of his brother in Stepney.

Juhol Ahmed, 29, was charged on Monday, September 7, with the murder of 36-year-old Ruhel Ahmed between August 27 and September 3 at Timor House, Duckett Street.

He appeared on Tuesday, September 8, at Thames Magistrates' Court.

New special needs service

THE council is launching a which has a long history of new service for young people with special educational needs and disabilities (SEND).

The launch, on Saturday, October 3, takes place at the Spotlight Centre in Hay Currie Street, Poplar, from 2-4pm.

It will celebrate the creation of a new service that will provide information, support, and advice to young adults aged between 16 and 25.

The service is run by the council's Parent Advice Centre,

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supporting parents of children with SEND.

Recent changes to the law mean that young people now have the right to the same level of support.

They can also now have an education, health and care plan to support them with their education until they are 25.

The service has set up a SEND Youth Forum, which has made a series of short films about the recent changes. The films will be premiered at the launch.

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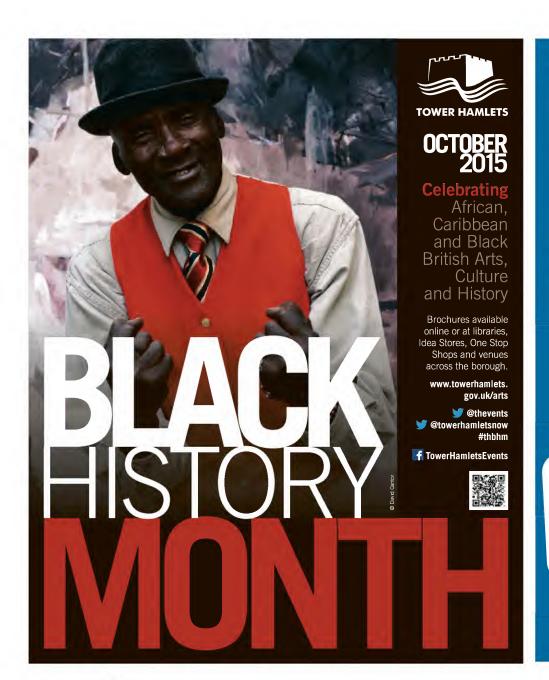
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Old Bethnal Green Road, London E2 6PR
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Friday 4th September
Monday 7th September
Wednesday 9th September
Friday 11th September
Monday 14th September
Wednesday 16th September
Friday 18th September
Monday 21st September
Wednesday 23rd September
Friday 25th September
Monday 28th September
Wednesday 30th September

(please note that if Eid-al-Adha falls on 23rd

or 25th the school will be closed)

October 2015

Friday 2nd October
Monday 5th October
Wednesday 7th October
Friday 9th October
Monday 12th October
Wednesday 14th October
Friday 16th October
Monday 19th October
Wednesday 21st Otober
Friday 23rd October

Open Evening

Monday 28th September 5-7pm

visit www.sjcr.net to find out more



Looking after homeless hounds



All Dogs Matter rescues and re-homes unwanted dogs and works with the council's animal warden service to find families for strays found in the borough.

ALLDOGSMATTER.CO.UK

Clean them up

If you suspect a business may be falling foul of food hygiene legislation, call 7364 5008 or email...

FOODSAFETY@TOWERHAMLETS.GOV.UK

News

Fish man's mice infestation

Market trader fined £1,400 over filthy storage unit after environmental health probe

A MARKET trader has been fined after a fish storage unit was found to be infested with mice.

Elsayed Hosny, 64, of Burdett Road, in Mile End pleaded guilty to charges of failing to protect food from contamination after environmental health officers discovered serious failings last year.

The Whitechapel Market trader was ordered to pay a £1,400 fine and £1,500 costs at Thames Magistrates'

mouse infestation in the storage premises in Brady Street.

Officers found packages of dried fish which had been gnawed by mice on display for sale at the market stall.

Filthy conditions were also found ting fish head that was embedded in congealed blood at the base of a freezer.

There were no systems to ensure the safety of food contained within the

Court on September 10. During the July storage unit; no temperature controls 2014 inspection, officers discovered a to ensure fish remained fresh; no running hot water; and staff were found to have been inadequately trained.

> Structurally, the unit was in such a state of disrepair that it allowed pests to gain easy access.

The business was closed by officers for throughout the unit – including a rot- a number of weeks because conditions presented an imminent risk to health.

> Officers worked with Hosny after the initial inspection and provided detailed advice in order to improve standards.

But serious breaches of food safety legislation were found again at a recent inspection and the council's legal team is looking into the matter.

Cllr Ayas Miah, cabinet member for environment, said: "We remind all food retailers of the importance of hygiene, and will take enforcement action when retailers are in breach of the law."

If you suspect a business to be falling foul of food hygiene legislation, call 7364 5008 or email foodsafety@tower hamlets.gov.uk

News in brief Care firms rated

TWO providers of adult social care services have been given ratings, following the latest round of inspections by the Care Quality Commission.

Care provided by MiHomecare in Bethnal Green was rated good; while Positive Care Link in Bethnal Green was said to need improvement.

The commission is inspecting all of England's adult social care

Drug centre debate

A CONSULTATION has begun about the future of the Harbour Recovery Centre, in West India Dock Road, Poplar, which provides inpatient detox programmes for male drug users.

The consultation ends on Thursday, November 5. You can give your views at www.tower hamlets.gov.uk

Dogs take the lead in Vicky Park show



TAILS wagged and ears for April 2016, when all dogs Park Dog Show on Sunday, September 20.

The event was organised by the council's animal warden service and pet re-homing charity All Dogs Matter.

More than 100 pooches paraded to win sought-after titles such as 'most handsome dog' and 'prettiest female'.

There was stiff competition to find the dog who looked most like its owner, and back ends waved furiously as lurchers and labradors, poodles and pinschers vied for 'dog with the waggiest tail'.

Animal wardens gave out free waste bags and information on responsible ownership and checked microchips in readiness

pricked up at the Victoria will be required by law to be mal warden, said: "We were microchipped and correctly definitely barking up the right tree with this event."

Dawn Sammons, senior ani-

Best in show winner Ramsey, with owner Anjohn Shome

Appeal to find 'vulnerable' Karina

POLICE are increasingly concerned about a vulnerable woman who has gone missing.

Karina Lukova (pictured), 25, was last seen at around 5.30pm on Thursday, September 17, leaving the Royal London Hospital where she was being treated for a stroke and recently diagnosed heart condition.

Her illness is believed to have left her unable to speak and she requires regular medication that she does not have with her. Karina is Polish, white, of

average height, with shoulderlength, mousey-brown hair. She was last seen wearing

blue jeans, a blue T-shirt and a dark coat. She may be carrying a blue rucksack.

Karina has no fixed address but is known to frequent the Old Street area. She is not believed to be in possession of money, bank cards or a mobile phone.

Tom Lockwood, from Tower Hamlets CID, said: "We are appealing to the public to be on the lookout for Karina and help us in locating her to ensure she continues to receive the medical attention she requires."

Anyone who has seen Karina, or who knows of her whereabouts, is asked to call police in Tower Hamlets on 101.



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Contact the mayor

To contact the mayor, call his office on 7364 4993 or email him at mayor@towerhamlets.gov.uk

www.towerhamlets.gov.uk/mayor



So much more than maths

An evaluation in 2014 by the Education and Employers Taskforce found that Number Partners improved pupils' maths, listening skills, concentration, verbal expression and motivation.

News

Help shape our future

THROUGHOUT my career serving the people of the borough, and as a resident, I have been impressed with the diversity of **Tower Hamlets' community and** voluntary work. We should be proud of the variety of support, advice and services it delivers.

Our local businesses are also thriving. I am pleased with the recent successes we have had in delivering opportunities for residents and young people through events hosted by Skillsmatch, the council's awardwinning recruitment service.

However, we are faced with five more years of challenging austerity measures and cuts to the public purse. The impact this has on budgets means the council must make significant savings.

As mayor, I will continue to fight to protect and improve our public services. But we will have difficult choices to make. We must consider how we can deliver important services in the transport, education, health and supborough with far fewer resources.

From autumn this year and during 2016, I will be providing new opportunities for residents, community groups and businesses to share ideas about how to harness the borough's opportunities and resources together.

It is essential that we identify ongoing needs, create more efficient partnerships and help shape a Tower Hamlets that we can all be proud of.

Mayoral assemblies, where I will invite your feedback and questions, will provide an opportunity to consider a range of savings proposals. Online





MAYOR OF TOWER HAMLETS

channels and focus groups will also provide ways to give feedback.

From now until October, the council is asking residents, community groups and our third sector partners to help shape the next round of main stream grants and the way in which we continue to work together.

We will also be publishing the Local Plan to help identify the housing, port services needed in our borough.

And, in the coming months, we'll be asking for your views on our budget plans for 2016/17.

The views of local people will be essential in shaping all of these plans – I want to ensure you have a say in building the future of our borough.

Accountability, transparency and working well together will help us to navigate the wider economic challenges all local authorities are facing. I am committed to ensuring these are the hallmarks of the council's budget.

Mayor John Biggs

Numeracy scheme will go nationwide

A NUMERACY programme, which has been running in the borough since 2004, is being extended to other parts of the UK.

Tower Hamlets Education Business Partnership (EBP) runs Number Partners for seven- to 14-year-olds.

It pairs volunteers from business with pupils for half an hour each week, to play number games, which improve their maths as well as providing role models from the world of work.

found that the scheme improved pupils' chances of reaching their numeracy targets and improved concentration, listening skills, verbal expression and motivation.

Cristina King, maths co-ordinator at St Luke's Primary School on the isle of Dogs, said it had been very successful.

"The dedication and enthusiasm of confidence and enjoyment of pupils in maths," she said.

Investment company Man Group

BY JESSICA ODUBAYO Education and Employers Taskforce Number Partners project manager post at the EBP.

> Helen Sanson, director of Tower Hamlets EBP, said through its experience of working in Tower Hamlets, the charity had a deep understanding of how to devise and deliver programmes that meet the needs of pupils and make a positive difference.

"The expansion of Number Partners volunteers has helped to improve the reflects our ambition to enable new communities to benefit from our work and expertise," she said.

Visit http://number partners.org to An evaluation in 2014 by the has funded a full-time national get involved in improving numeracy.



INTERNATIONAL politics came to life at Oaklands School in **Bethnal Green** when the US ambassador paid a visit. Matthew Barzun gave a presentation on September 9, where he talked about America's role within international politics.

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MAKE IT YOUR NEW HOME



Restless for rights

Restless Beings is an international human rights organisation which aims to support marginalised communities that are deprived of media or public attention.

www.restlessbeings.org

Help is at hand

Tower Hamlets Citizens Advice Bureau provides free, confidential, impartial advice to residents on their rights.

WWW.CITIZENSADVICE.ORG.UK

News

RESIDENTS moved by the recent refugee crisis have organised collections to take to Calais.

Jamal Ahmed, 30, from Bethnal Green, and friends Raj Ali and Ibrahim Ali, launched an appeal, asking for donations of canned foods and toiletries. The three organised a collection point and then drove two van-loads to the French port.

"The refugee crisis has been all over the news and it reached a stage where we just wanted to do something to help out," Jamal said.

The friends are supporting the Restless Beings campaign, an international human rights organisation.



COUNCILLORS have pledged to make improving mental health a priority in Tower Hamlets.

Local Authorities Mental Health on the issue. Challenge – a commitment to do more to help people suffer- movingly about how mental ing from a range of mental health conditions.

The government-supported

mental health charities and medical bodies.

The council has appointed a

A number of councillors spoke health problems had affected them, their families and residents during a debate at the

in partnership with leading making clear the scale of the problem locally.

Cllr Whitelock Gibbs, cabinet member for health and mental health champion – Cllr adult services, said: "As council-They have signed up to the Amy Whitelock Gibbs – to focus lors we have a key role to play in promoting good mental health and ensuring residents can get the support they need as quickly as possible, so I welcome support from councillors of all parties for this initiative."

News in brief **Autumn fair**

MEMBERS of the 9th Tower Hamlets Scout Group are hosting an autumn fair on Saturday, October 3.

Residents of all ages are invited to attend the event, which features games, refreshments, a bouncy castle, jumble sale, scouting skills, a raffle and much more.

The fair will be held at Roland Philips Scout Centre, Copley Street, Stepney, from 11am-4pm.

For further information or to hire a stall email **9thair** scouts@gmail.com

Book a free pension advice session

EAST End Citizens Advice is encouraging residents aged 50 and over, who have a defined contribution pension pot, to book a free appointment with an adviser.

Benno Allermann, project manager at East End Citizens Advice, said: "When people start to think about what to do with their pension, it can prompt them to consider other aspects of their finances too.

"For example, they often consider how the choices they make might affect the tax they pay, or any debt they may have"

To book an appointment, visit East End Citizens Advice at 32 Greatorex Street, Whitechapel, or call 0300 330 1001.

MODASTRATFORD.CO.UK



Niki Stevens entertains visitors at a Circle event

New jobs service

DON'T MISS OUT - CALL TODAY 0345 683 8812

A NEW scheme to help coincided with the publication unemployed residents into work has been unveiled by a housing association.

Circle Housing Old Ford has the community. linked up with council job brokerage project Skillsmatch to help residents get jobs.

helps people to access a range of private sector roles, which may have otherwise been unavailable to them - ranging from administrative to hospitality positions.

The launch on September 11

of a social value report highlighting how Circle Housing's work has benefited

In the last year, it has helped around 850 people access skills training and supported The employment service around 90 residents into employment.

The housing association hosted a series of community events to launch the report.

For more information, call Circle Housing Old Ford on 8981 3298.



Food network Growing Concerns





For your information

Parking to pest control, **TOWER HAMLETS** housing to hate crime

TURN TO PAGES 16 & 17

own brand food to subscriptions

you no longer use, thinking

about how you can bring down

these costs can really make a

Doing a budget and keeping

a spending diary is an excellent

way to get started. You can also

make some savvy changes to

save the pennies further, such

as switching your energy

provider or considering where

you do your supermarket shop.

online including the Money

Advice Service budget planner

at www.moneyadviceservices.

org.uk and Financially Inclusive

Tower Hamlets website

www.fith.org.uk where you

can find a budget planner and

You can also get a free one-

to-one personal budgeting

support (PBS) from local

organisations including Toynbee

Hall, The Limehouse Project

and The Bromley by Bow Cen-

tre, which will help you plan

your budget. Or why not attend

The Personal Budget Support

(PBS) sessions aim to address

your own specific area of need,

as well as general areas such as:

calcluating income and

how to make your budget

understanding priority debt;

a better understanding of

how to cut unnecessary costs.

around the borough will be

Toynbee Hall, 28 Commercial

10am-2pm. Contact: Nefateri

Asantewa, 7392 2989,

money@toynbeehall.org.uk

Bromley by Bow Centre,

St Leonards Street, E3. Thurs.

1.30pm-4pm. Contact:

Mokshuda Ali, 07903 088971,

mokshuda.ali@bbbc.org.uk

Limehouse Project, 789-791

Commercial Road, E14 Tues and

Thurs, 1pm-3pm. Contact:

Shirina Ali, 3069 7458,

providing the service.

Different organisations

one of our workshops?

outgoings;

work for you;

Universal Credit;

There is lots free help available

difference to your finances.



Take care of the pounds...

You can get a free one-to-one personal budgeting support from local organisations including Toynbee Hall, The Limehouse Project and The Bromley by Bow Centre.

SEE BELOW

Useful information

Plan you way to happiness

News from Financially Inclusive Tower Hamlets

DO you budget? More than half of us never actively plan our spending but a report has discovered those who do could be happier. Could keeping track of your money help boost your happiness?

Those who budget online are the happiest, according to insurance company SunLife. Using a happiness index scale, they discovered those who budget using an app on their phone or tablet were a close second – while those who don't a spending diary to download. budget at all were trailing in last position.

The report also discovered one in five people in the UK don't formally budget, admitting to having only a rough idea or no idea at all about the state of their own finances.

Budgeting is useful for all age groups. A budget is the building block of money management. Once you have a decent budget in place, you can start getting your finances in shape.

Don't be scared! It's really simple. Budgeting doesn't have to be boring or long-winded. Once the first step is done it's just a case of keeping an eye on it and reaping the rewards!

An easy way to plan and budget

FIRSTLY, work out how much money you have coming in Street, E1. Tues, 10am-1pm; Weds, every month and what you are spending it on. It can be difficult to increase the amount of money you have coming in but you can make a difference to the money you are forking out.

Some expenses are more difficult to change than others, such as your rent or mortgage. But people often forget about smaller spending, which can really add up.

From buying supermarket s.ali@limehouseproject.org.uk | 364 6489

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm. Beck & Sherman, 197 Whitechapel Road: Mon-Fri

9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm. Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm. Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays. Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm. Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. Britannia (Perimart). Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St. E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided Mon-Fri from 9am-5pm, dropin session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High

Street, E14. 7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies.

Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.

7364 3727 or email skillsmatch @towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

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Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Real answers to real problems

Real has been helping disabled and non-disabled people in Tower Hamlets work together to share information, provide support and make change happen for more than 20 years.

WWW.REAL.ORG.UK

Share your concerns

You can raise concerns about crime on Wednesday, September 30, from 6.30-8pm, at the Osmani Centre.

SEE BELOW

News

RESIDENTS of Norman Grove, Bow, held their annual street party on Saturday, September 12. They came together as a community to celebrate the life of Sylvia Pankhurst. Ms Pankhurst, a Suffragette and campaigner, set up a toy factory employing local women on the site of Norman Grove, paying them a living wage. Children carried on the tradition of running charity fundraising stalls and, this year, sold toys, cupcakes, clothes, friendship bands and other items to raise money for CalAid, a charity supporting refugees in camps in Calais. The youngsters also drew portraits for partygoers and busked on the street to raise money.

They raised £48 in total.



All change at Oxford House

COMMUNITY organisation Oxford House has launched a heritage project after receiving £102,800 of development funding.

The project aims to raise enough money to renovate the centre in Derbyshire Street, Bethnal Green restoring the chapel and roof, introducing a new café overlooking Weavers Fields, providing a new entrance and re-introducing the rooftop walk.

Members of the public have been invited to express their views about the changes.

Consultation workshops will run until October 16.

Visit Oxford House during opening hours or view the plans and give feedback online at www.bit.ly/ohheritageplans

For further information go to www.oxfordhouse.org.uk

Lords hear Real deal on equalit

BY JESSICA ODUBAYO

A HOUSE of Lords committee has received evidence from a Tower Hamlets organisation for disabled people, as part of its investigation of the Equality Act 2010.

Members of the committee were invited to the offices of Real, at Jack Dash House on the Isle of Dogs

They heard from Real members about the realities of dayto-day life with a disability.

Baroness Deech, chair of the committee, said: "We heard some frank views, both good a great deal of food for thought, which will inform our eventual findings.

"We appreciate all the hard work by everyone at Real, and I'd like to thank them. Our final report will benefit enormously from all their efforts."

Real, said: "Real is all about getting the collective voice of disabled people heard and making change happen to ensure disabled people have equal opportunities, choices and chances in life.

"We heard some amazing and bad, and they have given us stories of day-to-day struggles disabled people experience trying to achieve equality.

"Although direct discrimination is less common than 20 years ago, too often people were reporting unintentional indirect discrimination, failure to make reasonable adjust-Mike Smith, chief executive of ments, poor understanding and awareness, and a lack of ability to enforce their rights.

> "We are grateful to have been given the opportunity to help the committee understand the reality of life for many disabled people.'

Oaklands School

A Learning Community



What our students say

66 I've been at Oaklands since year 7. I've stayed for sixth form because Oaklands is like a family. Support is always around the corner and this helped me to do well in my GCSE's. The teachers are inspiring and really help you learn. 99 Zubeda Year 12

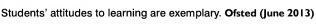


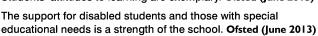
66 I think Oaklands is amazing. Since coming here I think the staff are very friendly and I can concentrate on my learning in this environment 59 Toby Year 7



66 It's a really friendly and fun place. The teachers are really helpful and help me to learn. I've made lots of new friends, and students who I don't even know help me out. 99 Sumia Year7 Outstanding leadership and management, and behaviour and









Want to know more? Come and see us at our Year 6 **Open Days** for prospective parents: NEW DATES DUE TO HIGH **DEMAND**•

9.10am - 10.40am Tues and Wednesday 7th October 2015 Evening: Headteacher's Talk (5pm): Monday 5th October 2015

What our parents say

Amazing atmosphere as well as results. 99

66 High achievement emphasis and a good pastoral system too. 95

6 A fantastic atmosphere and the pupils are a real credit to the school. 99

Oaklands School ~ A Learning Communit Headteacher: Patrice Canavan OBE MA Old Bethnal Green Road, London E2 6PR Tel: 020 7613 1014 email:



www.oaklands.towerhamlets.sch.uk

Discuss crime with the decision makers

RESIDENTS are invited to discuss crime be there along with representatives from the or anti-social behaviour concerns at a

The Metropolitan Police borough commander Andy Ewing will be joined by deputy mayor and council cabinet member for community safety Cllr Shiria Khatun.

The council's community safety team will also and is open to everyone.

London Mayor's Office for Policing and Crime, meeting on Wednesday, September 30. members of police ward panels, Neighbourhood Watch, Independent Custody Visitors and the Independent Advisory Group.

> The event will take place at the Osmani Centre, 58 Underwood Road, E1 from 6.30-8pm



The University School in the Heart of East London



St Paul's Way Trust School 125 St Paul's Way, London E3 4FT Tel: 020 7987 1883

Fax: 020 7537 4529 Email: admin@spwt.net

Open Evening

4:30 - 7:00pm Thursday 1st October

Four Open Mornings

9:30am Monday 28th September to Thursday 1st October To reserve a place please contact: Faruk Hussain 0207 987 1883 ext 103

'The unrelenting pursuit of scholarship and excellence' (Ofsted)

'Outstanding in All Judgements' (Ofsted)

Including the St Paul's Way Trust Sixth Form

London's First Faraday Science School

National Teaching School

Mayor of London's Gold Club

Visit to discover what it means to be a St Paul's Way Graduate

www.spwt.net























One disaster after another

In 1998, fire gutted the Hackney Wick premises; in 2000 the River Lea flooded it. They moved to Hackney Marshes – however, "Our old factory now lies under the Olympic running track."

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

www.eastlondonhistory.com

History

The four kings of Forman's

BY JOHN RENNIE

ARRIVE at Fish Island and it's hard to miss the state-of-the-art home of Forman and Sons - East End kings of smoked salmon.

The shocking pink building, designed to resemble a cross-section (or 'darne') of salmon, seems to leap from the waters of the River Lea. The space-age smoking house is accompanied by a very plush restaurant, much sought out by the increasing numbers of tourists and City folk discovering the former no-man's land of the Lea Valley. This is a business very much looking to the future.

Yet by rights there is no way Forman's should still be here. A series of disasters and the mother of all battles with the Olympic Authority over the redevelopment of the Lea Valley would have seen off most companies.

It's a story that goes back more than 100 years to the old Jewish East End, and the determination of current boss Lance Forman (the fourth generation to run the business) to remind everyone of where smoked salmon originated... and to cure us all of our taste for inferior supermarket versions.

The Forman story begins in 1905, when Amos 'Harry' Forman arrived in the East End

Clockwise from below left: Four generations of Formans: Harry, Louis, Marcel and Lance











from Odessa, in Russia. So we can shatter the first misconception... that smoked salmon is a Scottish delicacy. As Lance says: "Scotland has beautiful salmon and a long tradition of smoking, but that's more kippers and Arbroath smokies. Smoked salmon is very much a Jewish East End invention."

Because back in the early 1900s, though Scotland had plenty of salmon, nobody had yet thought of smoking the stuff. It was an Eastern European art, brought by Amos and other compatriots to London – the East End was soon dotted with smokeries catering to the immigrant Jewish population.

In those days the fish was imported from the Baltic and arrived packed and pickled in wooden barrels, which gave it a powerful flavour but limited the appeal.

But Harry soon discovered Billingsgate Market (in Lower Thames Street in the City in those days, rather than on the Isle of Dogs) and a plentiful supply of native Scottish salmon. With fresh fish, Harry was able to develop a more subtle curing process, the fish 'dry cured' with salt, which leached the water from the fish, thus preserving it.

Next the salt was washed out, leaving a more delicated 'mild cure', which became known as the London Cure.

As the 20th century wore on, Harry's son Louis inherited the business, in turn handing it on to Marcel - Lance's father - who took the reins in 1960. By now Formans had moved to Ridley Road in Dalston. For the young Lance, the business was part of life. He remembers being the only kid at school whose lunch box contained bagels stuffed with smoked salmon.

"I was very popular when it came to swapping with other people, I didn't appreciate how lucky I was," he laughs. "And, from age 14, school holidays meant working a shift at the smokehouse. I lived it and breathed it."

He probably never thought it was his future though. Lance went up to Cambridge, becoming President of the Union, qualified as a chartered accountant at Price

adviser to Peter Lilley, the Secretary of State for Trade and Industry.

Alongside, he was sealing real estate deals in Eastern Europe. So what brought him back to the mundane business of smoking and selling fish? Particularly a business that in the late 1990s was on its uppers. When he joined the family firm in 1996 he was dismayed by the gloom surrounding it.

"I thought I'd get a clearer view by listening to the manager who ran the company for my father, but he said, 'There's no longer any future in this, but I'll manage the decline for the family'. I realised I had to come in – I knew there was a future because we had this wonderful product.



Lance Forman

"Anyway, politics is quite good training for dealing with slimey, cold-blooded creatures," he jokes, but in truth the portfolio of skills he'd acquired would prove very useful in dealing with a threat to the very future of the company.

Things started well enough, as Lance went out on the road, selling to shops and restaurants, and increasing turnover by 25 per cent each year. But then, disaster...

Marcel had moved the business to Queens Yard, Hackney Wick in 1981. In 1998, fire gutted the premises. They soldiered on, rebuilt, then in 2000 the River Lea flooded the works. The company picked itself up and moved across the river to a new base on Hackney Marshes. Little did they know that their site would lie under the new Olympic Park. "Our old factory now lies under the running track," he says, ruefully.

It was a blow that should have finished around for many generations to come.

Waterhouse and was then made a special them off. But the Olympic authority bargained without the mix of money sense, salesmanship and political nous Lance had acquired over his career.

> "On the day before I was to cross-examine Sebastian Coe at the public inquiry, I got the message. 'Abandon your crossexamination and we'll do a deal'."

> The deal meant the authority paid for a new smokehouse, with restaurant, art gallery and party venue overlooking the Olympic site, on the appropriately named Fish Island. But all still wasn't plain sailing.

> "We anticipated business from the Olympics, but they were intent on getting people into and out of the site, and into the partner caterers, such as McDonald's."

> On one occasion, the authority threatened legal action over Forman's putting signs on lamposts, pointing visitors to the restaurant.

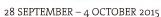
> But slowly, surely, things improved. "We overhear people from the City saying 'I didn't know this was so close to London!' They seem to think the East End's in Eastern Europe!"

> Forty years ago there were a dozen salmon smokers in the area, now there's just Forman's doing it the old way. And they are about to get a prized accolade - protected geographical indication (PGI) status from the European Union. It means the label 'London Cure' can only be attached to salmon produced in the London Borough of Tower Hamlets, Hackney or Newham, and puts the product up there with other geographically protected luxuries, such as Champagne, Stilton cheese, or Melton Mowbray pork pies.

> Thanks to one man's tenacity and a reverence for his past, there's one slice of Eastern Europe that will forever remain in the East End.

> So is there another generation of Formans ready to take up the baton? "There is," he admits. "But you don't force kids into this... they have to come to it in their own time."

> You suspect that the Forman's will be



Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.



উঘান্ত সংকট নিয়ে প্রধান মন্ত্রীকে চিঠি লিখছেন মেয়র ও বিরোধী নেতৃকুদ

মেয়র জন বিগস এবং টাওয়ার হ্যামলেটস কাউন্সিলের বিরোধী গ্রুপের দুই নেতা বর্তমান সংকটের কারণে বিভিন্ন দেশের বাস্ত্রভিটা হারা অসহায় উদাস্ত্রদের সব ধরনের সহায়তা দেয়ার অঙ্গিকার করে প্রধান মন্ত্রীকে যৌথভাবে একটি চিঠি লেখার সিদ্ধান্ত নিয়েছেন। বিস্তারিত পড়ন নিচে -

COUNCIL PLEDGES SUPPORT FOR REFUGEES

Harmony

Midowga councilka caawinta qaxootiga

Council unites to support refugees – issue 1078

SIYAASIYIINTA degmadu waxay u midoobeen balqaxootiga.

Duqa John Biggs iyo hogaamiyaasha labada xisbi mucaarid ee councilka, waxay ravsalwasaaraha qoraal ugu sheegeen inay ku raacsan yihiin in la caawiyo dadka kasoo cararay dagaalada iyo iska horimaadyada.

Go,aankaana waxa lagu gaatay shirkii councilka ee gabsoomay 16kii setembar, ee Duga Biggs kusoo bandhigay xaalada degdega ah. Taladan waxa loo soo jeediyey si looga jawaabo dhibaatada qaxootiga ka yaacay dagaalada ka dhacay Syria, Libya, Iraq iyo Eritrea.

Talo soo jeedinta waxa lagu sheegay in Ingiriiska iyo wadamada kaleba ay masuuliyad iska saaran, meelo ay ku nabadgalaana ugu deeqaan dadka khasabka lagaga dhigay inay kasoo cararaan guryahoodii.

waxay soo mareen khataro lanqaadka inay caawiyaan badan iyo socod dheer, in badanina waxay naftoodii ku waayeen, si ay qaarada yurub usoo gaadhaan oo nabadgelyo

> Tirada Jamciyada quruumaha ka dhaxaysaa soo saartay wuxu muujinayaa in qaxooti ku dhow 400, 000 ka gudbeen badweynta dhexe sideedii bilood ee lasoo dhaafay.

> Duqa Biggs: ayaa wuxu yidhi: "Bariga London wuxu leeyahay taariikh wanaagsan, oo ku saabsan inay soo dhaweeyaan qaxootiga kasoo carara dagaalada.

> "Waanu dareemaynaa dhibka markaanu aragno qaxootiga naftooda lacararaya ee xaalada xun ku sugan. London waxaa ku waajib ah inay kaalin muhiim ah ka qaatadato, Tower Hamlets waxay kaga jirtaa kaalinta hore jawaabta ay London bixinayso.

"Iyadoon la eegayn xidhiidhka xisbinimo, waxaan oga-

Qiimaynta qorshaha warbixinta

Qaxootigan faraha badani hay in saaxiibada aaanu wada shaqayno ee ku sugan aqalka councilka ay diyaar u yihiin inaanu ka qayb qaadano dhibaatadan bini-aadanimo."

> Duqa degmadu wuxu cadeeyey in sida taageradan loo geysanayo loo maamulayo si taxadir leh, si kastoo qaxootigan wax loo tarayaana aanay saamayn ku yeelan ilaha dhaqaaalaha, iyo adeegyada loo fidiyo dadka degmada degan, sida bixinta guryaha oo la

> Duqa degmadu waxa kale oo uu yidhi, mudnaanta koowaad waxa had iyo jeer leh dadkayaga degmada, laakiin dawlada oo la taageeraa waxay caawinaysaa qaxootiyada.

> Dhamaan hogaamiyayaasha kooxaha siyaasadu waxay raysalwasaaraha weydiiyeen inuu u diyaariyo councilada dhaqaale ku filan, si waxqabasho ku haboon loogu qabto qaxootiga markay buuxiyaan shuruudaha deganaanshaha.

উদ্বাস্তু সংকট মোকাবেলায় প্রধান মন্ত্রীকে চিঠি লিখছেন মেয়র ও বিরোধী নেতৃবৃন্দ

Council pledges support for refugees – issue 1078

মেয়র জন বিগস এবং টাওয়ার হ্যামলেটস কাউ-ন্সিলের বিরোধী গ্রুপের দুই নেতা বর্তমান সংকটের। কারণে বিভিন্ন দেশের বান্ধভিটা হারা অসহায় উদ্বাস্ত্রদের সব ধরনের সহায়তা দেয়ার অঙ্গিকার করে প্রধান মন্ত্রীকে যৌথভাবে একটি চিঠি লেখার দেয়ার ঘটনায় আমরা সবাই বাকরুদ্ধ ও সিদ্ধান্ত নিয়েছেন।

১৬ সেপ্টেম্বর অনুষ্ঠিত পূর্ণাঙ্গ কাউন্সিল মিটিংয়ে সিরিয়া লিবিয়া ইরাক ও ইরিত্রিয়ার সামগ্রিক পরিস্থিতির কারণে সৃষ্ট মানবিক সংকট মোকাবেলায় মেয়র জন বিগস একটি জরুরী মোশন বা প্রস্তাব উত্থাপন করেন।

যারা বাধ্য হয়ে নিজেদের বাডি–ঘর ছেডে পথে নেমেছেন, তাদেরকে আশ্রয় দেয়া বৃটেন ও অন্যান্য দেশের নৈতিক দায়িত্ব ও কর্তব্য বলে এই মোশনে উল্লেখ করা হয়। ইউরোপে নিরাপদ আশ্রয় লাভের আশায় বিপুল সংখ্যক অভিবাসি দীর্ঘ বিপদসংকুল পথ পাড়ি দিচ্ছে এবং বহু মানুষ পথিমধ্যে নির্মমভাবে প্রাণ হারাচেছ। জাতিসংঘের এক হিসাবে বলা হয়েছে, গত ৮ মাসে সাড়ে তিন লাখেরও বেশি মানুষ ভূমধ্যসাগর পাড়ি দেয়ার চেষ্ঠা করেছে।

মেয়র জন বিগস্ বলেন, যুদ্ধ ও সংঘাতের কারণে উদ্বাস্তু হওয়া মানুষের জন্য নিরাপদ আশ্রয় প্রদানের ক্ষেত্রে ইস্ট লভনের রয়েছে গরীয়ান দেয়া সহায়তা দিতে গিয়ে আমাদের

আমরা যে চিত্র দেখছি . তা গোটা জাতিকে হতবাক ও মর্মাহত করছে এবং জীবনের মায়ায় বাস্ক্রহারা অসহায় মানুষজনের মৃত্যুর ঝুঁকি নিয়ে পথ পাড়ি বেদনাহত হচ্ছি। এই মানবিক সংকটে লন্ডনকে অবশ্যই তার করণীয় করতে হবে এবং লন্ডনের সাডাদানের ক্ষেত্রে টাওয়ার হ্যামলেটসের ভমিকা হবে অগ্রগণ্য ও নেতৃস্থানীয়।

মেয়র আরো বলেন, বারার বিভিন্ন জন উদ্বাস্ত্রদের সাহায্য করতে আগ্রহী এবং কিভাবে তা করবেন ় তা আমার কাছে জানতে চাচ্ছেন। কাউন্সিল চেম্বারে আমার যত সহকর্মী আছেন, দলমত নির্বিশেষে তারা সকলেই এটা দেখতে চান যে চলমান মানবিক সংকটে আমরা আমাদের দায়িতের পুরোটা যথাযথভাবে পালন

মেয়র বলেন, আগামী ৫ বছরে ২০ হাজার রিফিউজিকে আশ্রয় দেয়ার ব্যাপারে সরকার তার অঙ্গিকারের কথা জানিয়েছে। কিন্তু এটাই যথেষ্ট নয়। উদ্বাস্ত্রদের প্রদত্ত সাপোর্ট অত্যন্ত সতর্কতার সাথে ব্যবস্থাপনা করার ওপর মেয়র জোর দিয়ে বলেন রিফিউজি এবং এ্যাসাইলাম সিকারদেরকে

ইতিহাস। তিনি বলেন, সাম্প্রতিক সপ্তাহগুলোতে বাসিন্দাদেরকে প্রদন্ত সার্ভিসসমূহ যেমন আবাসন স্বল্পতা ইত্যাদির ওপর যেন বাডতি চাপ না পড়ে . সেদিকে খেয়াল রাখতে হবে।

> সর্বাবন্ধায় কাউন্সিলের অগ্রাধিকার হলো তার বাসিন্দারা। তবে সরকারের কাছ থেকে প্রয়োজ-নীয় আর্থিক সহায়তা পেলে কাউন্সিল রিফি-উজিদের সাহায্য করার ক্ষেত্রে তার করণীয় ভালোভাবে করতে সক্ষম হবে।

> চলমান এই মানবিক সংকটের সময় উল্লেখযোগ্য সংখ্যক রিফিউজি পরিবারকে সহযোগিতা করার লক্ষ্যে সম্ভাব্য সকল অপশনস খঁজে বের করতে মেয়রের প্রস্তাবে মিটিং সর্বসম্মতভাবে সিদ্ধান্ত গ্রহণ করে।

> নিজেদের বাসিন্দাদের দেখভাল করার প্রথমিক দায়িত পালনের পাশাপাশি উদ্বাস্ত্র পরিবারগুলোকে প্রয়োজনীয় সহযোগিতা প্রদানে কাউন্সিলের সক্ষমতা বাড়াতে পর্যাপ্ত অর্থ বরাদ্দ করার অনুরোধ জানিয়ে সকল রাজনৈতিক গ্রুপের নেতারা প্রধান মন্ত্রীকে লিখিতভাবে অনুরোধ জানানোর সিদ্ধান্ত নেয়া হয় সভায়।

> উদান্ধদেব সহযোগিতায় টাওয়ার হ্যামলেটস ও লন্ডন ভিত্তিক বিভিন্ন চ্যারিটি গ্রুপ ও সংগঠনের সাথে মিলিতভাবে কাজ করার ব্যাপাবেও কাউন্সিল সিদ্ধান্ত নিয়েছে।

অক্টোবর মাস জুড়ে পালিত হবে ব্ল্যাক হিস্ট্রি মান্ত

Celebrate Black History Month

অক্টোবর মাস টাওয়ার হ্যামলেটস বারায় নানা আনুষ্ঠানিকতার মধ্য দিয়ে পালিত হয় ব্ল্যাক হিস্ট্রি মান্ত। কালো সম্প্রদায়ের ইতিহাস, ঐতিহ্য, সংষ্কৃতি, কৃষ্টিকে উদযাপনের লক্ষ্যে টাওয়ার হ্যামলেটস্ কাউন্সিল মাসব্যপি নানা কর্মসূচি

গোটা অক্টোবর মাসে ৯০টিরও বেশি ইভেন্টে কৃষ্ণাঙ্গ ও আফ্রো ক্যারিবিয়ান জনগোষ্টির সমৃদ্ধ শিল্প, সংষ্কৃতি, ঐতিহ্য তুলে ধরা হবে।

বহু বছর ধরেই ব্ল্যাক হিস্ট্রি মান্তু পালিত হয়ে আসছে টাওয়ার হ্যামলেটস বারায়। গত বছর আশা লুল মহাম্মদ নামের ইউনিভার্সিটির এক ছাত্রী ও কবি, যিনি বেশ কিছু অনুষ্ঠানে যোগ দিয়েছিলেন, তিনি বলেন, সংকটের মধ্য থেকে রেব হয়ে আসা মানুষ জনের আশা ও উন্নত কমিউনিটির সম্ভাব্যতার প্রতিকী পরিবেশ আমি অনুভব করেছি।

তিনি বলেন, সব অনুষ্ঠানকে আকর্ষনীয় ও পরিশ্রম করেছেন . এটা অনষ্ঠানগুলো মান দেখেই

এবারের ব্র্যাক হিস্টি মান্ত যেসকল কর্মসচিগ্রহণ করা হয়েছে . তার উল্লেখযোগ্য কয়েকটি হলোঃ সোমালি উইক ফেস্টিভ্যাল, আফ্রিক মহাদেশের বিভিন্ন অঞ্চলের সঙ্গীত, হাফ মুন থিয়েটারের প্রযোজনা ম্যাচ অব মি. তামাশার ২৫ বছর উদযাপন ইত্যাদি।

টাওয়ার হ্যামলেটসের মেয়র, জন বিগস্বলেন, প্রতি বছরই ব্ল্যাক হিস্ট্রি মান্থ এর কলেবর বৃদ্ধি পাচেছ। টাওয়ার হ্যামলেটসের সাংস্কৃতিক



'Dillan' captured by photographer David Cantor, outside the Old Truman Brewery in Brick Lane

উপভোগ্য করতে আয়োজকরা কঠোর

ক্যালেন্ডারে এটি অত্যন্ত গুরুতুপূর্ণ একটি অংশ। এলওয়েল বলেন, ব্ল্যাক হিস্ট্রি মান্থ এর সাথে আব-ারও সম্প্রক্ত হতে পেরে আমরা খুবই আনন্দিত। আমাদের সমৃদ্ধ ও বৈচিত্রময় সাংষ্কৃতিক ঐতিহ্যের প্রতি তরুণ বয়সীদের আকৃষ্ট করতে এই ধরনের কর্মসূচি হাফ মুন এর জন্য খুবই গুরুত্বপূর্ণ।

তিনি বলেন, একজন তরুণ এ্যাসাইলাম সিকারের সত্যিকারের জীবনকে ভিনিকে করে নির্মিত হয়েছে ম্যাপ অব মি ড্রামা। এই নাটকে যে ইস্যগুলো উঠে আসবে, তার ওপর কর্মশালা ও আলোচনা অনুষ্ঠিত হবে ১৭ অক্টোবর শনিবার হাফ মন থিয়েটারে।

wadanka ee Greg Clark u gudbiyey warbixin lix bilood ah, oo qeexaysa talaabooyinka hortaagan qiimaynta ugu fiican qorshohooda.

COUNCILKU wuxu dawla-

da uga warbixiyey mee-

laha ugu muhiimsan ee uu

horumarka ka sameeyey.

Councilku wuxu xoghayaha

Best Value Plan update – issue 1078

Qorshe ayaa la dejiyey, si looga jawaabo warwarkii dawladu ka qabtay deeqaha la iyo isticmaalkii warbaahinta, ee sababtay in dawladu councilka usoo dirto wakiilo hayadeed. 91% waxyaabihii lagu muujiyey qorshsaha councilka waa la dhamaystiray ama waxay ku dhow yihiin in la dhamaystiro, iyadoo la eegayo bartilmaameedkii loo dejiyey.

Councilku wuxu dhawaan magacaabay Will Tuckley oo hore u ahaa hogaamiyaha maamulka fulinta degmada Bexley, inuu noqdo hogaamiyaha cusub, sidoo kale wuxu magacaabay agaasimaha sharciga, baadhista iyo go,aamada iyo agaasimaha cusub ee isutaga khavraadka.

Guulaha kale ee muhiimka ah oo lagaadhay waxa ka mid ah: n Horumarinta adeega ka bixiyo, qubidii hantidii councilka, adeega iibsiga, iyadoo loo adkaynayo awoodaha ogolaanshaha kharashka, si loo dhimo qiimaha;

n Dhamaystirka barnaamijka habka cusub ee ay marayaan deeguhu, oo maraya habka gudida maamulaysa, iyadadoo diirada la saarayo hayadaha aan dawliga ahayn;

■ Hab go,oaan qaadasho cad leh oo lagu soo bandhigo nidaamka gurvaha:

■ Waxa dib u eegis lagu sameevey habka isgaadhsiinta. waxana socda shaqo lagu horumarinayo habka online, si loogala xidhiidho dadka degmada degan.

Dib u eegis lagu samaynayo isgaadhsiinta ayaa la fulinayaa, taas oo ah in daabacada councilka ee todobaadkii hal mar soo baxda, East End Life, loo bedelayo in labadii todobaadba hal mar la daabaco waqti dhow.

qaadkii Duqa degmada si uu u hubiyo in councilku u hogaansan yahay xeerka warbaahinta ee lasoo jeediyey in counciladu ku dhaqmaan bishii

Maarso 2016kii.

Iyadoo la fulinayo balan-

কাউন্সিলর আসমা বেগম বলেন, এবছরের কর্মসূচিগুলো সত্যিকার অর্থেই আকর্ষনীয়। এর মধ্যে সবার জন্যই কিছু না কিছু আছে। আমি আশা করছি বাসিন্দারা এসব অনুষ্ঠানাদি উপভোগ করবেন এবং আমি নিজেও কিছু কিছু ইভেন্টে যোগ দেয়ার জন্য অধীর আগ্রহে অপেক্ষা করছি।

দূর দূরান্ত থেকে বিভিন্ন সংষ্কৃতি-কৃষ্টির মানুষ এসব

কাউন্সিলের কেবিনেট মেম্বার ফর কালচার.

ইভেন্টে যোগ দিয়ে থাকেন।

হাফ মুন থিয়েটার এর ডিরেক্টর, ক্রিস



বারায় স্থুল আসন বুদ্ধির দু'টি প্রকল্প অনুমোদন

বারার স্ক্রলণ্ডলোতে আরো বেশি সংখ্যক আসন নিশ্চিত করার পরিকল্পনা সহ শিশুদের জন্য সবিধা বিদ্ধি সংক্রান্ত আর্লি ইয়ার্স প্রোভিসন বাড়ানোর দু'টি প্রজেক্টকে অনুমোদন দেয়া হয়েছে। ৮ সেপ্টেম্বর অনুষ্ঠিত কেবিনেট মিটিংয়ে প্রকল্প দুঁটিতে অর্থায়নের সিদ্ধান্ত নেয়া হয়। বিষ্তারিত পড়ন নিচে -

GREEN LIGHT FOR NEW SCHOOL AND NURSERY PLACES



Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

Harmony



Mayor John Biggs with Nigel Whiskin, the great grandson of George Lansbury

পপলার মেয়র জর্জ ল্যান্সবারির তৈলচিত্র উপহার দেয়া হলো কাউন্সিলকে

Portrait of East End hero donated by Lansbury family - 1078

সাবেক পপলার মেয়র জর্জ ল্যান্সবারির একটি ব্যাপক জনপ্রিয় করে তোলে এবং একসময় তিনি পোটেট তাঁর পরিবারের পক্ষ থেকে টাওয়ার ও তার সহকর্মী কাউপিলররা কারা বরণ করেন। এই তৈলচিত্রটি গ্রহণ করতে পেরে আমি কতজ্ঞ হ্যামলেটস কাউন্সিলকে উপহাব দেয়া হয়েছে। লকাল হিস্টি লাইবেরী এন্ড আর্কাইন্ডে জর্জ ল্যান্সবারির প্রোপৌত্র নাইজেল হুইসকিনের কাছ থেকে কাউন্সিলের পক্ষে পোট্রেটটি আনুষ্ঠা-নিকভাবে গ্রহণ করেন মেয়র জন বিগস।

টাওয়ার হ্যামলেটস্ কাউন্সিলের অর্ধ শত বার্ষিকী উদযাপন উপলক্ষে সম্প্রতি হিস্ট্রি লাইব্রেরীতে আয়োজিত প্রদর্শনীতে শিল্পী জন ফ্র্যাঙ্গানের আঁকা উল্লেখ্য , ১৯১৯ সালে ল্যান্সবারি পপলার-এর মেয়র নির্বাচিত হন।

জনগণের ওপর আরোপিত করকে অন্যায্য চাপ

নারি অধিকার ও সামাজিক ন্যায় বিচার নিশ্চিত করতে তাঁর গোটা রাজনৈতিক জীবন উৎসর্গ

বাসিন্দাগণ এবং জর্জ ল্যান্সবারি মেমোরিয়াল কমিটির সাথে মিলে তাঁর পরিবারের বর্তমান জর্জ ল্যান্সবারির তৈলচিত্রটি প্রদর্শিত হয়। সদস্যরা তাঁর আদর্শ ও লিগ্যাসি প্রজন্মের সামনে আমরা সবাই শ্রন্ধার সাথে স্মরণ করি। যথাযথভাবে তুলে ধরতে ও টিকিয়ে রাখতে উদ্যোগ নিয়েছেন।

এ প্রসঙ্গে জন বিগস বলেন, বারার সমদ্ধ হিসেবে আখ্যায়িত করে তিনি কাউন্সিলরদের নিয়ে ্রাজনৈতিক ইতিহাসের সবচেয়ে বর্ণাঢ়া, আকর্ষনীয় সাথে সম্পত্তদের উদ্যোগ নিঃসন্দেহে প্রশংসার রেইট না দেয়ার আন্দোলন শুরু করেন ্যা তাকে ও লক্ষ্যনীয় ব্যক্তিত্ব হচ্ছেন জর্জ ল্যান্সবারি। বারার

জর্জ ল্যাঙ্গবারি ১৯৩২ থেকে ১৯৩৫ সালে ও সম্মানিত বোধ করছি। আশা করছি এ ধরনের লেবার পার্টির নেতা নির্বাচিত হন এবং শান্তি, ইভেন্ট বারার বাসিন্দাদের ইতিহাস ও ঐতিহ্য সম্পর্কে আগ্রহী করে তুলবে।

কাউন্সিলের সংষ্কৃতি বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর আসমা বেগম বলেন, আমাদের স্থানীয় ইতিহাস-ঐতিহ্যের প্রতি আগ্রহী সমাজের সবচেয়ে অসহায় ও সুবিধা বঞ্চিত মান্যের জন্য জর্জ ল্যান্সবারি অক্রান্ত পরিশ্রম করে গেছেন। তাঁর এই অবদান দল মত নির্বিশেষে

> তিনি বলেন, যে ব্যক্তি তার জীবন উৎসর্গ করেছিলেন কমিউনিটির কল্যানে, তার শতি বাঁচিয়ে রাখতে ল্যান্সবারি মেমোরিয়াল কমিটির

বারায় শিশুদের জন্য নার্সারি আসন বৃদ্ধির দুটি প্রকল্পে অর্থায়ন অনুমোদন করলো কেবিনেট

Green light for new school and nursery places – issue 1078

টাওয়ার হ্যামলেটসের স্থূলগুলোতে আরো বেশি । ওঠবে , যেখানে প্রয়োজনীয় অনেক সেবামূলক । একটি প্রাইমারী স্থূলও নির্মান করা হবে। সংখ্যক আসন নিশ্চিত করার পরিকল্পনা সহ শিশুদের জন্য সুবিধা বৃদ্ধি সংক্রান্ত আর্লি ইয়ার্স প্রোভিসন বাড়ানোর দু'টি প্রজেক্টকে সবুজ সংকেত দেয়া হয়েছে।

৮ সেপ্টেম্বর অনুষ্ঠিত কেবিনেট মিটিংয়ে স্টেপনী গ্রীণ এলাকা অবস্থিত হোয়াইটহর্স ওয়ান ও'ক্রক ক্রাবকে সম্প্রসারণ করার জন্য এবং বেথনালগ্রীণ গার্ডেন্সে বেথনালগ্রীণ রেঞ্জার অফিস , যেটি তেমন ব্যবহৃত হচ্ছে না, সেখানে নতুন সুবিধাদি গড়ে তোলার প্রকল্পে অর্থায়নের সিদ্ধান্ত নেয়া হয়।

বেথনাল গ্রীণ গার্ডেন প্রজেক্ট বাস্তবায়ন হলে ২ বছর বয়সী শিশুদের জন্য ৬০টি নতুন ফুল টাইম আর্লি ইয়ারস প্লেস বা আসন সৃষ্টি হবে। আর হোয়াইটহর্স সম্প্রসারণ প্রকল্প বাস্তবায়ন হলে শিশুদের জন্য ৪০টি ফুল টাইম এবং ৮০ থেকে ১০০টি পার্ট-টাইম প্রেস নিশ্চিত হবে।

এই উন্নয়ন প্রকল্পের ফলে ওসেন এস্টেটের পরিবারগুলোর জন্য নতুন একটি কেন্দ্রস্থল গড়ে সার্ভিস একই ছাদের নিচে পাওয়া যাবে।

স্থূল আসনের জন্য ক্রমবর্ধমান চাহিদা

২০২৫ সাল নাগাদ টাওয়ার হ্যামলেটস বারায় প্রাইমারী ও সেকেন্ডারি স্কলগামি ছেলেমেয়েদের বর্ধিত সংখ্যা ৯ হাজার ছাড়িয়ে যাবে বলে ধারনা

চাহিদার বৃদ্ধির সাথে তাল মিলিয়ে কাউন্সিল পরিকল্পনা গ্রহণ করছে। ২০০৮ সাল পর্যন্ত ৩ হাজার নতুন স্থুল প্লেস নিশ্চিত করা হয়েছে। স্থুলে আসন পায়নি এমন একজন শিক্ষার্থীও নেই।

কেবিনেট মেম্বারদের সামনে উত্থাপিত এক প্রতিবেদনে লন্ডন ডক এ নতন সেকেন্ডারি স্কল এবং নেপচুন ওয়ার্ফে নতুন একটি প্রাইমারী স্কুল নির্মান করার বিষ্ণারিত পরিকল্পনা তলে ধরা হয়। এর পাশাপাশি . উড ওয়ার্ফ ডেভেলপারের সাথে চুক্তি অনুযায়ি তাদের নির্মান প্রকল্পের মধ্যে নতুন

মেয়র, জন বিগস্বলেন, আগামী বছরগুলোতে হাজার হাজার স্থল আসন নিশ্চিত করার কাজ মেটাতে কাউন্সিলের পরিকল্পনার পাশাপাশি এই এগিয়ে চলছে। জনসংখ্যা বৃদ্ধির অব্যাহত চাপ মোকাবেলা করে বারার প্রতিটি শিশুর জন্য স্কল আসন নিশ্চিত করতে পারবো বলে আমি দৃঢ়ভাবে

> ডেপটি মেয়র অব টাওয়ার হ্যামলেটস এবং কেবিনেট মেম্বার ফর এডুকেশন এন্ড চিলড্রেন্স সার্ভিসেস, কাউন্সিলর ব্যাচেল সান্ডারস বলেন, হোয়াইটহর্স ওয়ান ও'ক্লক ক্লাবের সম্প্রসার এবং নতন বেথনাল গ্রীণ নার্সারী আমাদের শিশুদের জন্য অতীব প্রয়োজনীয় অতিরিক্ত আসন নিশ্চিত করার পাশাপাশি তাদের অভিভারকদের জন্যও বিভিন্ন সবিধাদির ব্যবস্থা করবে।

কাউন্সিলর র্যাচেল "নার্সারী অথবা স্কলগামি প্রতিটি শিশু যেন যথাযথভাবে বেডে ওঠতে পারে. তা নিশ্চিত করতে কাউন্সিলের কর্মকৌশলের অংশ হিসেবে এই পরিকল্পনাগুলোকে স্বাগত

সাপ্তাহিক ইস্ট এন্ড লাইফ এ পরিবর্তন আসছে Changes to East End Life – page 3

প্রকাশণা ইস্ট এন্ড লাইফ এর ব্যাপারে সম্ভাব্য পরিবর্তন সম্পর্কে পরিকল্পনা ঘোষনা করেছেন মেয়র জন বিগস্।

কাউন্সিলের সাপ্তাহিক ইস্ট এভ লাইফ চলতি বছরের শেষ নাগাদ পাক্ষিক আকারে প্রকাশিত হবে এবং বাসিন্দাদের সাথে কাউন্সিল কিভাবে যোগাযোগ করবে, তা নিয়ে পর্যালোচ-না কার্যক্রম গ্রহণ করা হয়েছে।

মেয়র বিগস বলেন, "কাউন্সিল ও তার সকল পার্টনাদের কার্যক্রম এবং স্থানীয় কমিউনিটির সব ধরনের ইভেন্ট সম্পর্কে যাবতীয় তথ্যাদি বাসিন্দাদের অবহিত করতে গত ২৩ বছর ধরে ইস্ট এন্ড লাইফ মুখ্য ভূমিকা পালন করে আসছে।

"যাহোক, এই সাপ্তাহিকীর প্রকাশনার বিশ ইন্টারনেটের ব্যাপক ব্যবহারের কথা উল্লেখযোগ্য। এখন সময় এসেছে এ দিকে নজর দেয়ার। অধিকন্তু, কাউন্সিলকে অবশ্যই ইস্ট এন্ড লাইফ এর ফ্রিকোয়েন্সি বা প্রকাশণার পরিধি সীমিত

টাওয়ার হ্যামলেটস্ কাউন্সিলের সাপ্তাহিক করতে সরকারের নির্দেশনা মেনে চলতে হবে।"

মেয়র আরো বলেন, "আমাদের বৈচিত্রপূর্ণ কমিউনিটিগুলোর ভিন্ন ভিন্ন চাহিদার ব্যাপারে লক্ষ্য রেখে ডিজিটাল বা তথ্য প্রযুক্তির পূর্ণ ব্যবহারের মাধ্যমে ভবিষ্যতে বারার বাসিন্দাদের সাথে কার্যকর যোগাযোগ নিশ্চিত করতে কাউন্সিলের বিষ্তৃত কমিউনিকেশন কার্যক্রমের এক্সটার্নাল রিভিউ বা পর্যালোচনা করার উদ্যোগ নিয়েছি।"

কাউন্সিলের কমিউনিকেশন কার্যক্রমের রি-ভিউ আগামী অক্টোবর ২০১৫ মাসে অনষ্ঠিত

কিভাবে কাউন্সিলের কার্যক্রম সম্পর্কে যাবতীয় তথ্য আপনি পেতে চান . কিংবা ইস্ট ইন্ড লাইফ এর প্রস্তাবিত পরিবর্তন সম্পর্কে আপনার অভিমত জানাতে ০২০ ৭৩৬৪ ০৮১১ নাম্বারে ফোন বছরেরও বেশি সময়ের পথপরিক্রমায় বিশ্বে কর জন। অথবা লিখিত অভিমত লক্ষ্যনীয় পরিবর্ত ঘটেছে। বিশেষ করে Communications, Tower Hamlets Council, Mulberry Place, E14 2BG. এই ঠিকানায় ডাক যোগে অথবা consultation@towerhamlets .gov.uk এই ইমেইলে পাঠাতে পারেন।

রোমান রোডে টেসকো মেটোর যাত্রা শুরু Supermarket to bring jobs to Roman Road

টাওয়ার হ্যামলেটস্ বারার বো এলাকার রোমান রোডে নতুন একটি টেসকো মেট্রো খোলা হয়েছে, যার ৩১ ভাগ চাকুরি দীর্ঘদিন ধরে বেকার রয়েছেন এমন বাসিন্দাদের জন্য নিশ্চিত করা হয়েছে।

রোমান রোডের নতন এই সপারমার্কেটটি ফিতা কেটে আনুষ্ঠানিকভাবে উদ্বোধন করেন টাওয়ার হ্যামলেটসের মেয়র জন বিগস। এসময় স্থানীয় বিভিন্ন দাতব্য ও স্বেচ্ছাসেবী সংগঠনের কর্মীরাও উপপ্লিত ছিলেন।

নতুন এই সুপারমার্কেটে ৮০টি নতুন জব এর সুযোগ সৃষ্টি হয়েছে, যা প্রধানত স্থানীয় বাসিন্দারাই পাচ্ছেন। উপরন্তু, টেসকো ও জব সেন্টার প্লাসের মধ্যে অংশিদারিতের ফলে সকল পদের এক তৃতাংশ পাচ্ছেন সেই সকল বাসিন্দা, যারা দীর্ঘ দিন ধরে বেকার রয়েছেন। বিভিন্ন পদে নিয়োগের আগে তাদেরকে প্রয়োজনীয় প্রশিক্ষণ

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167 Commercial Road, London E1 2DA

On this month's walk **Graham Barker** ventures around the warehouses and waterways of the former London Docks and finds a landscape still undergoing big changes. Photos by **Kois Miah**.

Docks, blocks & local shops



The Peabody Estate was built in 1880-1

Walk of the Month: Wapping

The former St

Paul's Church

is now a

nursery

MUCH of Wapping was once under water; the London Docks extended for 30 acres, surrounded by wool, tobacco and spice warehouses. The docks have since been in-filled, but on this walk you'll glimpse their legacy and see new developments transforming the

landscape. To start, exit Tower Gateway DLR station by the open end of the platform and step down to the one-way system; take care as you cross by the traffic lights to Royal Mint Street. The street takes its name from the buildings



hidden behind the

tall brick wall,

where the UK's

spring up beside the DLR tracks. The new place names hint that this was once Rosemary Lane, noted for its old clothes market or 'rag fair'.

It had a reputation for prostitutes, pickpockets and thieves operating among the narrow courts and alleys. Today it presents a more orderly prospect.

Cartwright Street is a peaceful residential enclave, tucked away from traffic. Glass balconies and patios at St Mary Graces Court

– named after a Cistercian abbey nearby – are lush with olive trees, ivy and colourful window boxes.

Slope down through Royal Mint Green towards the Peabody

Built in 1880-1, it is one of many social



Telford's Yard

housing developments by bankercum-philanthropist George Peabody.

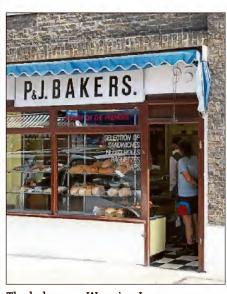
Architect Henry Darbishire followed the Peabody house style: alphabetical fivestorey blocks, solid and simple, set around central courtyards.

Block K was destroyed in the Blitz in 1940 - a plaque on John Fisher Street commemorates those who perished: $66 \, residents$ and 12 visitors, from babies to pensioners. A new block stands in its footprint, complementing the Victorian architecture, but with a modern twist.

Further up John Fisher Street, the Society Links community centre stands out in salmon pink, with striking geometry. Here, local residents can join a women's group or youth club, shop at the food co-op, or develop work skills



As its name suggests, Dock Street (2) was a vital access route to the London Docks. It became especially important after Commercial Street opened in 1843; along with Leman Street, it formed an arterial route for goods landed at the docks to be



The bakery on Wapping Lane



Wapping station, where the world's first



Glass balconies on Cartwright Street



The headquarters of the Royal Pharmaceutical Society



transported efficiently into central London. There are signs of Dock Street's industri-

al past: the corner building with lattice windows and a decorative porch was occupied by a tobacco manufacturer, St Paul's Church - now a nursery – was a seamen's chapel,



anderwater tunnel was completed

and Millwall Docks' cartage depot occupied the warehouse with gatepost lions.

As you stroll down, look out too for a red plaque commemorating the Battle of Cable Street, a Truman's golden eagle, and the Wombat's backpackers' hostel – occupying a 1950s extension to the Brunswick Maritime Establishment, set up on Ensign Street by Rev George 'Bosun' Smith to accommodate a thousand sailors in double-tier cabins.

Fronting on to East Smithfield the new Royal Pharmaceutical Society headquarters (3) are clad in bronze-tinted steel with a fullwidth balcony. Large glazed panels depict Leonardo's Vitruvian Man, the society crest, and 'pharmacist' translated into 24 languages.

Cross the main road with care and head to Telford's Yard - a CZWG conversion of Gooch's wool warehouse. Peek at the central courtyard and peer up to the wall cranes on Virginia Street. Years ago, up to 30,000 bales of wool could be stored here.

You're now beside the London Dock development (4); St George is redeveloping the former News International site - dubbed

'Fortress Wapping' during the 1986 printworkers' strike – to create 1,800 new homes. A model in their showroom sets the scene: 15 acres will be transformed over the next decade, as tower blocks rise up, interspersed with public gardens and promenades.

A 300-metre run of shops, cafes and restaurants will fill the 1804-6 Pennington Street warehouses. In the meantime, Bow Arts occupies a section, managing artists' workspaces at the Rum Factory.

Along cobbled Pennington Street - with glimpses of St George's in the East's pepperpot towers – you arrive at Tobacco Dock (5), built in 1811 as a bonded store for tobacco, wine and spirits, and later used for furs and skins. After a short period as a shopping complex, it now hosts tattoo conventions, beer festivals and technology events.

Skirt the immense perimeter wall. Boars' heads and barrels crown the gateway, alongside replicas of the Three Sisters tobacco ship and the Sea Lark schooner.

The London Docks extended from here towards the Thames, handling wine, spices, tea, ivory and tobacco. Closed in 1969, they were in-filled and developed with housing and an ornamental canal (6) in the 1980s.

Step down to follow the water. Today the canal is home to Egyptian geese, ducks, swans and the occasional heron. But much of the dock and perimeter walls survive - you'll see old dockside steps, mooring bollards, and inscribed roman numerals marking the original dock depth up to XXVI (26) feet.

Cross the footbridge and continue waterside, with views towards the Shard and, closer to hand, to dock engineer John Rennie above Spirit Quay steps. Now nip along a passage beside the old dock wall to emerge into Waterman Way.

Around the corner in Chandler Street, the Hurtado Jesuit Centre is a spiritual retreat and refugee support service, and Wapping Children's Centre offers under-fives' play sessions and parenting advice.

Back on Wapping Lane step through the courtyard into St Peter's London Docks (7). Opened in 1866, at the instigation of Father Lowder, this church is a decorative delight in the Anglo-Catholic tradition, with stained glass windows, polychrome brickwork and saints' statues.

A few steps on, Wapping Green (8) is flanked by Jackman and Frobisher Houses -1920s LCC blocks named after sea voyagers – and Turner's Old Star, bought by the riverscape painter JMW Turner for his mistress Sophia Booth.

Wapping retains something of a village atmosphere; shopping parades on Wapping Lane (9) include a butcher, baker, pharmacy and post office. Appetites can be sated at a curry house, chip shop, pub and café. Old warehouses rise up. One houses a pizzeria, others have been converted into flats.

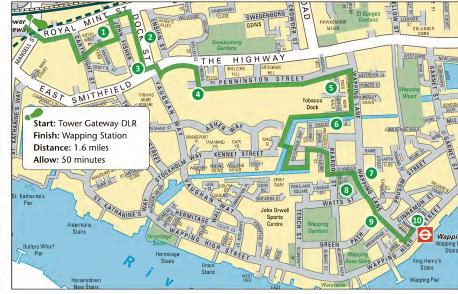
Wapping station (10) stands around the corner. Engineers Marc and Isambard Kingdom Brunel overcame five major floods, and financial setbacks, to complete the world's first underwater tunnel here in 1843.

For a time it was a Victorian amusement arcade - notorious for ne'er-do-wells before being adapted for the East London Railway. Today it has flower tubs and hanging baskets, a cheery end to your walk.

Above: Tobacco Dock was briefly a shopping complex. Below: the canal path; London Dock development.







A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

and Wellbeing Board

Reports include updates on

integrated care, health and

wellbeing strategy and a

charter for homelessness

For details call Elizabeth

Dowuona on 7364 4207 or

towerhamlets.gov.uk

6.30pm: Licensing

sub-committee

email Elizabeth.dowuona@

Business includes applications

for a new premises licences for

Commodity Quay, St Katharine

Docks, Wapping, E1W and

Street, Spitalfields, E1.

on 7364 4120 or email

Leyden Gallery, 9-9a Leyden

For details call Simmi Yesmin

health.

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forwardplan/forward-plan.cfm

Meetings simmi.yesmin@ Tuesday, September 29

5pm: Tower Hamlets Health Wednesday, September 30

6.30pm: Extraordinary. commissioners' decision-making meeting For details call Antonella antonella.burgio@tower hamlets.gov.uk

7pm: Development committee For details call Zoe Folley on 7364 4877 or zoe.folley@ towerhamlets.gov.uk

Details are accurate at time a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG,

towerhamlets.gov.uk

Burgio on 7364 4881 or email

of going to press. Agendas are available online except cabinet.

Vote for Vicky P!

Tower Hamlets online

www.towerham lets.gov.ukFor information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling
- report an abandoned vehicle
- bulk rubbish collections

3 Codling Close – loft conversion with front and rear dormer including single-storey, groundfloor rear extension.

Flat 17, Millers Wharf House, 78 St Katharine's **Way** – remove non-loadbearing partition between kitchen and living room. Unit 210, Metropolitan Wharf Building, 70 Wapping Wall - demountable solid and glazed partitions to form a meeting room within existing office space.

247 Mile End Road – fascia and projecting signs. Bancroft Green, Mantus Road - retention of temporary building on Bancroft Green for use as a mosque, while building work takes place at 49 Braintree Street, of planning permission ref: PA/11/00987.

22 Fournier Street – alterations to rear terrace to include replacement screen to the boundary, fixed seating and planting boxes.

118-122 Brick Lane – traditional awning to shop fronts.

45 Folgate Street – details of scheme of highway works of planning permission, ref: PA/15/00074

Flat 9, Clichy House, Stepney Way - proposed extension comprising relocated kitchen, living/dining room and a new single bedroom. Flat 18, Dagobert House, Smithy Street - rear extension, comprising relocated kitchen, living/dining room and a new single bedroom. 1 Club Row - works to parapet at roof level of planning permission, ref: PA/12/00599. 201-217 Commercial Road - change of use of 9 flats on floors 4 & 5 into guest house, external alterations including new windows. 86 Commercial Road - construction of mansard roof extension and first-floor rear

285 Roman Road – single-storey rear extension. Cafe Eat 2, Kelsey Street – details of materials, boundary treatments and lighting of planning permission, ref: PA/14/03491.

extension to create 2 x 2-bed flats.

51 Derbyshire Street – removal of external front elevation clad timber panelling at first floor and parapet level and rebuilding parapet tin bricks to match and railing balustrade.

Planning 41-43 Redchurch Street and 9 Chance Street second-floor, single-storey extension and alterations to second-floor residential unit. The car park to the rear of Cheshire Street turn redundant space to rear into additional

commercial space. Create a conservatory and space for outdoor dining area/courtyard at ground-floor level. Create basement with large sky lights, a green wall, further area for seating/retail space, toilets and a kitchen of planning permission, ref: PA/13/0308.

53 Usher Road - rear extension to existing property.

Burdett Community Square, land off Masjid Lane, St Pauls Way – reconfiguration of open space, creation of a larger fenced children's play area, inclusion of slide and merry-goround and omission of play logs and boulders, of planning permission, ref: PA/14/03243.

Dockmasters House, 1 Hertsmere Road change of use and refurbishment, including internal remodelling.

145 Mellish Street - conversion of existing house into 2 flats consisting of 1 x 3-bed at ground floor and 1 x 2-bed at first and second floors.

114 Telegraph Place – single-storey rear extension and relocation of front door.

44 Manchester Grove – single-storey rear extension.

Poplar Gas Holder Site, Leven Road - creation of new commercial crossover to north side of Leven Road and relocation of parking bay. Frances Wharf, 303-305 Burdett Road - roof extensions at 7th and 9th floor levels to provide six new residential units along with reconfiguration of 1 existing unit. Poplar Business Park, 10 Prestons Road details re noise control measures for phase 1

This is not a definitive list of all current planning applications.

of planning permission, ref: PA/11/03375.

For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre. 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Sylvia Fellows

Passed away peacefully on the 14th September 2015 aged 80 years. Loving Mum, Nan and friend sadly missed. Loved forever.

Funeral service to take place at St. Pauls Church, Bow Common on Tuesday 29th September 2015 at 1pm followed by a burial in Grange Road Cemetery, Plaistow.

> Floral tributes, C/o Co-operative Funeralcare, 50 Witta Road, Manor Park, E12 5DA

Telephone 020 8478 5166



Thank you St Jude for taking me home. Laura

LONDON CITY HEATHROW T-4-5 LUTON



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's picture was of a flats in Pennington Street, Wapping.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits - 7364 5001 Council tax - 7364 5002 Parking services - 7364 5003 Streetline - 7364 5004 Adult social care - 7364 5005 Children's services - 7364 5006 Pest and noise nuisance -7364 5007 **Employment & skills service** (Skillsmatch) - 7364 3727

trading standards & licensing -7364 5008 Planning & development

Environmental health,

-7364 5009 Business rates - 7364 5010 Recruitment line - 7364 5011 Electoral services – 7364 0872 **Tower Hamlets Homes**

- 7364 5015 Healthline - 7364 5016 Anti-Fraud - 0800 528 0294

General enquiries

Council enquiries - 7364 5020.

Useful housing numbers

Housing repairs - 0800 376 1637 Tenancy support - 7364 5544 Housing advice - 7364 3558 Homeless service – 7364 7474 **Choice-based lettings**

- 7364 0244 Homeseekers - 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers: Non-emergency crimes – 101 Textphone - 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic **violence team** can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours) 24-hour domestic violence national helpline 0808 2000 247 Haven Whitechapel (sexual assault referral centre)

7247 4787 Karma Nirvana (Honour Network Helpline)

0800 5999 247 **Broken Rainbow** (LGBT domestic violence) 0845 260 4460

Black Women's Health & Family Support 8980 3503

Rights of Women

(legal advice) 7251 6577

Victim Support Line 0845 30 30 900

Victim Support Tower Hamlets 8555 8254

NSPCC Child Protection

Helpline 0800 800 5000

Childline

0800 1111 Shelterline

0808 800 4444 **Respect (for perpetrators)**

0845 122 8609

Reunite (advice about child abduction)

0116 2556 234 Men's Advice Helpline 0808 8010 327

Samaritans 08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green - 1 Rushmead, off Bethnal Green Road, E2 Bow & North Poplar – John Onslow House, 1 Ewart Place, E3 South Poplar - 15 Market Square, Chrisp Street, E14 Stepney & Wapping -Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E₃. Canary Wharf – Churchill Place, Canary Wharf, E14. Chrisp Street - Vesey Path, E14. Whitechapel – 321 Whitechapel Road, E1. 7364 4332 Watney Market – Commercial E1. 7364 4332 All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries Bethnal Green – Cambridge Heath Road, E2. 8980 3902 Cubitt Town - Strattondale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm. Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory @towerhamlets.gov.uk















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Two-week hop picking 'holiday'

Before the days of mechanised farming, hop picking was labour intensive. East End families traditionally took a two-week working holiday in September to pick hops and earn extra cash. 3,000 THCH homes

Tower Hamlets Community Housing owns and manages more than 3,000 homes in the borough.

www.thch.org.uk

Property

A hop back in time for Berry family



Bob Paice, Pearly King of Forest Gate, enjoying a bottle of Wapping Gold – served at the festival to raise funds for Wapping Hockey Club

BY JESSICA ODUBAYO

MORE than 200 residents and guests were treated to a pie and mash lunch at an annual hop festival, hosted by Tower Hamlets Community Housing (THCH).

The first weeks of September used to be a time when whole families would swap the East End for the open fields of Kent, to pick hops for the beer industry.

And the festival, sponsored by Olli Construction and Canary Wharf Group, is a chance for guests to recall the fun as well as the hard work of picking hops.

The event, held in a courtyard garden in Cable Street, was also a chance for sisters Marie and Lola Berry to come face-to-face with a new mural, based on a photo of their family.

Portuguese artist Furia painted the mural of the Berrys, along with sister Joyce and mum Ria, on a wall in the courtyard. The mural was commissioned earlier this year from an old hopping photo donated by Lola.

The social housing landlord also handed out copies of its annual hop picking commemorative booklet.



Furia's mural of (from left) Marie, Ria, Joyce and Lola Berry - with Marie and Lola Berry

Local Housing Allowance Rates

April 2015

Type of Accommodation	Local Housing Allowance
* Shared Accommodation	£102.09 per week
1 Bedroom	£257.35 per week
2 Bedroom	£302.33 per week
3 Bedroom	£354.46 per week
4 Bedroom & above	£417.02 per week

^{*}The shared accommodation rate will be used for single people under 35 years of age and single tenants/couples who only have exclusive use of one room and shares other facilities.





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25/09/15 - 01/10/15 Closing date for Internet and Telephone bids: 01/10/15

Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com























































You can bid for these homes only if you have an active application on the **Tower Hamlets Housing** List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওমার স্থামণেটস হাউপিং
ডাণিকাম আপদার একটি
সক্রিম আবেদন পাকণেই
কেবল এসব বাসাপ্তলোর জন্ডে
আপনি নিশাম ডাকাম অশা নিজে পারকেন ডাক্যুম্ব ক্রেড্রে এই বাসাগুলোর কোনটিই দেখতে যাকেন না কারণ এরফালে প্রতিবেশীরা বিরক্ত

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করা হর। 020 7364 ৪৪৪৮ নম্বরে জধবা হন্তবসাইটে এই লীডিমালার কলি পাওষা যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nugul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔 橋區政府現時生效 的房屋名單上,你 才可以競投這些房 屋。請切勿到任何 這些房屋造訪,因 爲這可能對鄰居造

我們只能聯絡那些 我們可以提供房屋 的人士。我們根據 租屋政策按優先次 序提供房屋。欲索 取這份政策,請致 電我們,號碼 020 7364 2826 · 或瀏覽

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kếi quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cử cân nhà nào vì có thể gấy nên những phiên toái cho hàng xóm.

Chủng tới chỉ có thể liên tạc với những người chúng tới cấp nhà. Quyết định cấp nhà theo thứ tự tư tiến dựa trên chính sách cho thuế nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trung web.

آپ اِن گھروں کے لئے صرف اُس صورت میں بولی دے سے جی اگر ، ماور سے اس میں اگر ، ماور اسلاس باؤسٹک بسٹ سے میں آب کی درخواست واجب اور زر غور پ ۔ براہ کرم إن بس سے کن گھرکو و كيف كے لئے مت جائے "كوكلديد ہمسائیوں کے لئے پریشانی کا باعث جو

PEABODY

ہم صرف اُن لوگوں سے دابطہ کر سکتے میں چن کوہم گھر کی پینچکش کرتے ہیں۔ پیر پینچکش کرا بیدواری کی پالیسی کی بنیاد پرتجى كاظ سےك جاتى ہے ـ پاليسى ک کا اِل ہم سے اس فمبر پردالط ک و ریعے دستیاب ہوسکتی ہے 2826 1364 1826 است و يهدما كث يرملاحظ كريك

ج<u>ي</u> --

website: www.towerhamlets.gov.uk

Support Charges apply to all Sheltered homes for the Over 60's. This will be covered by Supporting People Subsidy if you are entitled to Housing Benefit or other benefits. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet Support Charges in long term Supporting People Services'. This is also available on our

Further information on homes advertised is available at One Stop Shops & **Neighbourhood Housing Offices**

website www.towerhamlets.gov.uk.

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

The property of the second of	
Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
DEasy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
GNot assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204** / **0206** / **0209**.



1. Internet Bidding Just log on to www.thhs.org.uk



2. Telephone Bidding Simply call 0845 270 2400

Calls cost 10p per minute plus your phone company's access charge. You can also bid on line at Tower Hamlets Homeseekers: www.thhs.gov.uk at no cost. If you do not have internet access at home, you can use computers available at the One Stop Shops and Idea Stores, free of charge, to search for suitable homes and place bids.

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the

Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

- 1. applies to residents moving to 3 bedroom or larger social rented car free homes;
- 2. only one on-street resident parking permit per household is permitted;
- 3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
- 4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
- 5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and is not retrospective.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



HARDWICKE HOUSE, BOW ROAD, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy Eliaibility: Min Client Age 50

£138.92, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 33562



MERCER COURT, CANDLE STREET,

Flat • 1 Bed 2 Person • 3rd floor • Open plat kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Landlord controlled parking subject to availability and cost • Pets not permitted

£131.74, Weekly - Social Rent Landlord: East Thames Group

Property Ref: 33546



HANBURY STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets permitted

£117.52, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33541



CROFTS STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets permitted

£126.68, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33540



OBAN STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£124.23, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 33554



BEDROOM

Accessible Category C
CARNELL APARTMENTS, ST ANNE'S
ROW, E14
Flat • 1 Bed 2 Person • 5th floor • Open plan
kitchen • One lift • Entryphone • Bathroom
with W/C • Electric radiators • Balcony • Car
free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 5
years.

£138.10, Weekly - Social Rent Landlord: Gallions Housing Association

Property Ref: 33555



BEDROOM

BOWSPRIT POINT, WESTFERRY

ROAD, E14
Flat • 1 Bed 2 Person • 15th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£151.31, Weekly - Social Rent Landlord: One Housing

Property Ref: 33561



STANLIFF HOUSE, CASSILIS ROAD,

STANLIFF FIGORAL, STANLIFF FIG

£145.60, Weekly - Social Rent Landlord: One Housing

Property Ref: 33544



BEDROOM

WHYTLAW HOUSE, BAYTHORNE

Flat • 1 Bed 2 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£137.20, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 33548



Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

MERCER COURT, CANDLE STREET,

E1
Flat • 2 Bed 4 Person • 2nd floor • Open
plan kitchen • One lift • Bathroom with W/C •
Electric radiators • No garden • Landlord
controlled parking subject to availability and
cost • Pets not permitted

Eligibility: Homeless Permanent

£152.39, Weekly - Social Rent Landlord: East Thames Group

Property Ref: 33545



MERCER COURT, CANDLE STREET,

MERCEN COCK..., E1
E1
Flat • 2 Bed 3 Person • 2nd floor • Open
plan kitchen • One lift • Bathroom with W/C
Electric storage heater • No garden •
Landlord controlled parking subject to
availability and cost • Pets not permitted

£152.39, Weekly - Social Rent Landlord: East Thames Group

Property Ref: 33567



BEDROOMS

PEABODY BUILDINGS BLOCK G, JOHN

PEABODY BUILDINGS BLOCK G, JOHN FISHER STREET, E1 Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy tenancy

Eligibility: Homeless Permanent

£137.31, Weekly - Social Rent Landlord: Peabody

Property Ref: 33556



BEDROOMS

Accessible Category G
ALASTOR HOUSE, STRATTONDALE
STREET, E14
House • 2 Bed 4 Person • Ground Floor •
Separate kitchen • No Lift • Bathroom with
W/C • GCH • Private garden • Permit
parking • Pets not permitted • Fixed Term.
This is a fixed term tenancy of 2-5 years
except for those currently holding a
Secure or Assured social housing tenancy

£148.92, Weekly - Social Rent Landlord: One Housing

Property Ref: 33557



BEDROOMS PUTEAUX HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 13th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted

£124.75, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33551

TOMLINSON CLOSE, BRICK LANE, E2

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets permitted

£137.52, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33543



BRYANT HOUSE, THOMAS FYRE

DRIVE. E3
Flat • 2 Bed 3 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing

£149.27, Weekly - Social Rent Landlord: Genesis Housing Association

Property Ref: 33550



CROFTS STREET, E1

Maisonette • 3 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

Eligibility: Homeless Permanent

£158.96, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33558



WESTCOTT HOUSE, EAST INDIA DOCK ROAD, E14

Maisonette • 3 Bed 4 Person • Ground Floo • Separate kitchen • No Lift • Wet room (walk in shower) - no bath • GCH • Private garden • Permit parking • Pets permitted

Eligibility: Homeless Permanent

£138.22, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33547



THE QUARTERDECK, E14

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£172.14, Weekly - Social Rent Landlord: One Housing

Property Ref: 33560

no picture available

3 BEDROOMS

BOSTON HOUSE, LARSON WALK, E14

Maisonette • 3 Bed 5 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years except for those currently holding a Secure or Assured social housing tenancy

£169.38, Weekly - Social Rent Landlord: Guinness South

Property Ref: 33565



SWINBURNE HOUSE, ROMAN ROAD,

E2
Flat • 3 Bed 5 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Bathroom with W/C • GCH • No garden •
Permit parking • Pets permitted

£144.12, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33564



Accessible Category F
OLD MARKET SQUARE, BARONESS
ROAD. E2
Maisonette • 3 Bed 6 Person • 2nd floor •
Separate kitchen • No Lift • Entryphone •
Separate Bathroom and W/C • GCH • No
garden • Permit parking • Pets permitted

Eligibility: Homeless Permanent

£152.49, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 33549



1. Internet Bidding – Just log on to www.thhs.org.uk



2. Telephone Bidding — Simply call 0845 270 2400

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT Accessible Category C BAHRAM COURT, MINT STREET, E2

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility : Band 3

£210.17, Weekly - Affordable Rent Landlord: Peabody

Property Ref: 33542



AFFORDABLE RENT Accessible Category F JOSSILINE COURT, FORD ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • Two liffs • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility: Min Client Age 50

£165.33, Weekly - Social Rent Landlord: OLD FORD HA

Property Ref: 33559



AFFORDABLE RENT Accessible Category G WILMER HOUSE, DALING WAY, E3

Flat • 1 Bed 2 Person • 14th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • Concierge / CCTV

£186.31, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 33563



AFFORDABLE RENT Accessible Category F JAMAICA STREET, E1

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£166.10, Weekly - Affordable Rent Landlord: Circle 33 HA

Property Ref: 33566



AFFORDABLE RENT Accessible Category C WILLIAM CUBITT LODGE, PIER

STREET, E14
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • Two lifts • Entryphone • Shower Room with W/C - no bath • Electric storage heater • Shared garden • Car free home • Pets not permitted • Life Time tenancy.

Eligibility: Min Client Age 60

£206.00, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 33552

Available homes will no longer be advertised in East End Life from 2nd October 2015

Over the years we have seen a dramatic increase in the number of people using the Homeseekers website to place bids for suitable homes. Currently over 91% of bids are made through the Homeseekers website. The cost of duplicating these properties on both our website and in this publication is no longer sustainable. As part of the value for money expectations the council and its registered social landlord partners have taken the decision to withdraw the Homeseekers adverts from East End Life.

All Housing Register applicants wishing to bid for properties are now directed to the Homeseekers website at **www.thhs.org.uk** for information on available properties.

The website provides full information for each property, real time bid positions based on your housing priority and your bidding history showing final bid positions for homes you have placed bids for. Using your bid position as a guide, you could also withdraw a bid and place it for an alternative home if this improves your chances of an offer.

Should you have any queries or require help with the bidding process please contact your Lettings team for help. The council's Housing Options (Lettings team) number is 0207 364 2826.



FOR SALE

Four individual sites located in the London Borough of Tower Hamlets



31 Turner Street, London, E1



- · Residential refurbishment opportunity
- Exceptional "city fringe" location
- · Site area approximately 0.02 acres
- Opportunity to increase floor area through extension (subject to planning)

2 Jubilee Street, London, E1



- Development site suitable for residential, offices or other uses (subject to planning) in Shadwell
- Centrally located Tower Hamlets site within an area undergoing significant regeneration
- · Site area approximately 0.27 acres
- · Former office building

327 - 329 Morville Street, London, E3



- Development site suitable for residential use (subject to planning) in Bromley by Bow
- Good transport links
- Site area approximately 0.35 acres
- · Former community boiler house

11 – 31 Toynbee Street / 67 – 69 Commercial Street, E1



- Mixed-use development opportunity with the benefit of planning
- Prominent Tower Hamlets location within the heart of Spitalfields
- · Site area approximately 0.22 acres
- Planning consent for 6 commercial units and 19 apartments

The properties are marketed by informal tender with offers invited for the 199 long leasehold interest in the sites individually. Offers are sought by 12 noon, Wednesday 11 November 2015.

For more information, please contact:

Andrew Palmer +44 (0)20 3296 4033 andrew.palmer@cushwake.com

Grant Beasley +44 (0)20 3296 4037 grant.beasley@cushwake.com





Providing Personalised Care and Support in Tower Hamlets

Extra Care Worker

Ref: 11667EEL

£9.15 per hour

As a national provider of person centred services, with a commitment to employing a diverse workforce, we are looking for caring, energetic and reliable individuals, keen to support older people in Tower Hamlets. You will provide support with personal care and domestic tasks, supporting people to enjoy a good quality of life. A variety of hours are available at our schemes in Bow, Poplar, Shadwell and Mile End.

To Apply: Ring 0161 237 1014, email recruitment@creativesupport.co.uk or visit www.creativesupport.co.uk/jobs

Closing Date: 18 October 2015

A progressive not for profit agency (charitable status 27440R) which promotes equality of opportunity for all.



To advertise in ast End Life, ust call...

Terri on 7364 4682, **Chris on 7364 4994** Fatima on 7364 4623 Sharan on 7364 406

SWANLEA SCHOOL BUSINESS & ENTERPRISE COLLEGE



School Receptionist

£17,199 - £18,189 • Term time only + 2 weeks

Swanlea is a large, vibrant and thriving school in the centre of London. With c. 1,050 students on roll, and a further 210 studying at Swanlea as part of our collaborative Sixth Form.

As you would expect, we're looking for the best. As our first point of contact for parents and the general public, you should be an exceptional professional, possessing a calm, friendly and helpful manner with visitors, staff and the wider school community. You will also possess outstanding organisational skills, together with a flexible approach to work. The ability to translate to and from Bengali is essential. Possessing integrity, good humour and moral purpose, you believe that social disadvantage is no barrier to achievement.

www.teshirewire.com/SwanleaSchool/E15DJ or email Rosie Gavens: officeadmin@swanlea.towerhamlets.sch.uk Closing date: 9.00am on 2nd October 2015.

35 hours per week • Monday - Friday, 8.00am - 4.00pm

To apply, please go to:

Swanlea School is committed to safeguarding and promoting the we of children and young people and expects all staff and volunteers to share this commitment. All posts are subject to a satisfactory enhance Disclosure and Barring Service check and references.

Providence Row Housing Association

Providence Row Housing Association provides accommodation and support services to single people and families in East London. We are committed to providing responsive services from staff who are able to involve service-users in every aspect of their support. In return, staff work within supportive teams, receiving the relevant training required to provide a high quality service. All of these vacancies are within Tower Hamlets in vibrant areas with good transport links.

Maintenance Operative

£22,000 per annum | 40 hours

We have a vacancy for a multi-trade operative to work in our Property Services team. You will have a strong customer focus: and be able to work on your own, to a high standard.

Support Workers

£21,000 per annum | 40 hours (including some evening and weekend working)

We have vacancies at a number of our schemes for Support Workers. We are looking for individuals who can develop supportive relationships with our residents, empowering them to develop their lives and tackle the challenges that have lead to their homelessness.

Vacancies exist in our recovery centres where people have tackled their substance misuse and are now rebuilding their lives. There are also vacancies at our Brick Lane scheme for homeless people with a range of support needs including those with complex needs, substance misuse & mental health issues.

In addition, we also have vacancies in our young people services where we support them in making transitions in their lives, accruing skills for life and work.

Assistant Support Workers

£19,032 per annum | 40 hours (includes some evening and weekend working)

Are you looking to work with people and want a role that really helps people to change their lives? This is an opportunity to start a career in support work. We will provide training, support and opportunities for progression.

Temporary Transitions Worker (Young Person's Support Service until July 2016) £12,250 per annum | 20 hours (weekend working, also required to attend week meetings every other week)

You will be an experienced practitioner, and work within a small team to ensure that we deliver a high quality support service and a safe environment for our residents.

Personal Care Worker

£11,895 per annum | 25 hours (including weekends)

You will have a positive attitude, showing compassion, reliability and a desire to deliver quality care to homeless men with alcohol dependency issues in our recovery hub. Furthermore, you will support residents with personal hygiene issues, laundry, room cleaning etc.

Locums/Bank staff

We are always open to applications for locums/bank staff to cover both day and night shifts in our services.

PRHA values the contribution of volunteers and welcomes people with a wide range of experiences and skills. We offer training

For further details please visit www.prha.net Closing date: 5pm on Monday, 12th October 2015.

We value diversity and are committed to fairness and equal opportunities in all our services and for our staff.

Enhanced DBS checks apply. PRHA is a charitable housing association. HCA No: L0695. Industrial & Provident Society No: 19322R.





To reserve **your ad** space in **East End** Life. please call us to book by midday on the **Tuesday** prior to the **Monday** publication date.





Al Mizan School (primary) **London East Academy**



(secondary) Independent boys' schools

Required from January 2016 or earlier. The governors of the schools are inviting applications for the following posts:

Head Teacher

Salary range £50k to £60k

A practising Muslim Headteacher to lead and manage the schools in consultation with the governing body and ensure that all pupils achieve their highest potential, both educationally and Islamically.

Assistant Head Teacher (primary) Salary range £40k to £45k

A practising Muslim Assistant Headteacher to lead the work of the primary school and work in partnership with the Headteacher.

Primary Teacher for KS2 Salary range £23k to 30K

The post is open to both males and females with a track record of effective teaching.

All appointments are subject to safer recruitment checks, including enhanced DBS check.

Qualified teachers status is essential for all these posts. For more information and an application pack, please visit the schools website www.leacademv.com

The post-holders will be employees of the East London Mosque Trust and are required to carry out professional duties as detailed in the School Teachers' Pay and Conditions Document and support the aims and objectives of the East London Mosque Trust.

Closing date: Friday 16 October 2015 by 10am

The schools are located in the prestigious London Muslim Centre and the Maryam Centre in Whitechapel. Visits and informal discussions are invited and welcomed.

London Muslim Centre (2nd Floor) 46 Whitechapel Rd, London E1 1JX

Tel: 020 7650 3070 Email: admin@leacademy.com



Bigland Green Primary School

Bigland Street London E1 2ND Tel. 020 7702 7088 Fax. 020 7423 9353

www.biglandgreen.towerhamlets.sch.uk

This is an excellent opportunity for ambitious and aspiring individuals to join Bigland Green as a

Teaching Assistant (TA)

Start: October/November 2015; Salary: Scale 2/3, Points 11-17, Full-time 35 hours per week, Term time + 1 week

The school will utilise the strengths/interests of the successful candidate. Candidates must have a GCSE A*, A or B grade in English & mathematics.

Please see job descriptions on the school's website for more information about the roles and responsibilities. Visits are encouraged & welcome. Please contact school office to arrange. An application form can be downloaded from the school's website.

Closing date: Thursday 15 October 2015 by 12:30pm

Only short listed candidates will be contacted to participate in the selection process during week beginning 19 October.

Curiosity and perseverance, a pathway to excellence

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF PEDESTRIAN TRAFFIC -**FOOTPATH SECTION E2**

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit pedestrian traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Footpath between its junction with Felix Street and its junction with Clare Street;

Reason: To allow essential works to be carried out on the public highway by Sond Construction Limited;

Alternative Route: There is no alternative route for pedestrian traf-

Period: From Monday 19th October 2015 to Sunday 17th April Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david. prvce@towerhamlets.gov.uk

Dated: 28th September 2015

SIMON BAXTER **INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, **SECTIONS 10, 67 AND 73**

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

247 Mile End Road, London, E1 4BJ

PA/15/363/JTH

Application for 1x fascia sign and 1x projecting sign

Flat 17, Millers Wharf House, 78 St Katharines Way, London, E1W 1UE

PA/15/2568/SEA

Remove non loadbearing partition between kitchen and living room

Unit 210, Metropolitan Wharf Building, 70 Wapping Wall, London, E1W 3SS

PA/15/2579/DHA

This proposal is for the installation of demountable solid & glazed partitions to form a meeting room within the existing office space.

118 - 122 Brick Lane, London, E1 6RL

PA/15/2551/SEA

Provision of traditional shop awning to the fronts of no.s 118-122 Brick Lane.

421 Roman Road, London, E3 5QS

PA/15/2522/ZAP

Change of use from B1 (office) to A2 (financial services).

34 Arbery Road, London, E3 5DD

PA/15/2387/ZAP

Light well to front elevation.

The Carpark to the rear of Cheshire Street, London, E2 PA/15/02173/SEA

The proposed scheme aims to extend the approved scheme ref: PA/13/0308 and turn the redundant space to the rear into additional commercial space. At Ground floor level create a conservatory and space for outdoor dining area/a courtyard. A basement level will be created with large sky lights, a green wall, further area for seating/retail space, toilets and a kitchen.

Site At 14 To 16 Clegg Street 13 To 15 Cinnamon Street PA/15/2240/KHA And 125 To 129 Wapping High Street, Cinnamon Street, London

Site A (125- 129 Wapping High Street): Partial demolition of the existing structures, retention of the front facade fronting Wapping High Street. Redevelopment of the site to provide buildings ranging 2-5 storeys in height comprising a retail unit (Use class A1) fronting Wapping High Street and 27 residential units (Use class C3).

Site B (13-15 Cinnamon Street): Demolition of existing building on site. Redevelopment of site to create new building ranging from 2-5 storeys in height comprising 10 residential units.

Site C (14-16 Clegg Street): Demolition of existing building on site. Redevelopment to provide 4 town houses that would be 3-storeys in height.

Sites A, B and C would create a total of 41 residential units including 1, 2 and 3 bedroom sized units.

7 Aberavon Road, London, E3 5AR PA/15/2514/ZAP & 2515/ZAP

Replacement of existing windows in front elevation with new double glazed windows to match originals.

140 Whitechapel Road, London, E1 1JE

PA/15/2494/HHA

Proposed new shopfront to previous vacant unit.

423 Mile End Road, London, E3 4PB PA/15/2343/JTH

Proposed internal alterations and replacing rear timber sash windows, PV slates and new basement front steps.

Central Foundation Girls School Lower School, PA/15/2439/JTH College Terrace, London

Conversion of part of existing listed building to create 20 no. flats (variation of layouts of 20 units from existing Listed Building Consent ref: PA/12/02578)

140 Whitechapel Road, London, E1 1JE

PA/15/2493/HHA

Proposed new shopfront to previously vacant unit.

1-27 Equity Square, London, E2 7EQ PA/15/2483/HHA Removal of existing softwood timber windows and doors and replacing with powder coated aluminium double glazed windows and doors.

140 Whitechapel Road, London, E1 1JE

PA/15/2497/HHA

Painted Wordmark (Externally Illuminated), Projecting Sign (Externally Illuminated), Open Sign (Internally Illuminated), 2no. Window Vinyl.

2-4 Bonner Road, London, E2 9JS

PA/15/2151/HDH

Construction of mansard roof extension to create 4 bedrooms and 2 bathrooms.

Balfron Tower, 7 St Leonards Road. London, E14 0QR

PA/15/2554 & 2555/CHG

External and internal physical alterations and refurbishment works to Balfron Tower, including: new fenestration; alterations to flat layouts; erection of cornice; replacement of boiler house flues; alterations to car parking, cycle parking and refuse storage arrangements; lighting; hard and soft landscaping and associated works.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

16 Lichfield Road, London, E3 5AT

PA/15/2352/HAM

Proposed single storey rear extension following demolition of part of existing outbuilding.

38B Arbery Road, London, E3 5DD PA/15/2491/JTH

Basement Conversion. Proposed Front and Rear Light wells.

1 Portland Square, London, E1W 2QR

PA/15/2509/SEA Erection of a single storey rear extension.

44 Manchester Grove, London, E14 3BG

PA/15/2548/CSK

Erection of a single storey rear extension.

22 Fournier Street, London, E1 6QE

PA/15/2239/ADW

Alterations to the rear terrace to include a replacement screen to the boundary, fixed seating and planting boxes.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 28th September 2015

OWEN WHALLEY

Head of Planning and Building Control



Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - CUDWORTH STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Cudworth Street between its junction with:

- Tapp Street and its junction with Collingwood Street;
- ii. Collingwood Street and its junction with Coventry Road;
- iii. Coventry Road and its junction with Buckhurst Street.

Reason: To allow essential resurfacing works to be carried out on the public highway by LBTH;

Alternative Route: For vehicular

traffic will be via Buckhurst Street, | Headlam Street and Collingwood Street and vice versa or Coventry Road, Barnsley Street and Collingwood Street and vice versa:

Period: On the following two

- a) On Saturday 24th October 2015 from 08:00 hours until 18:00 hours:
- b) On Sunday 25th October 2015 from 10:00 hours until 18:00
- c) On Saturday 31st October 2015 from 08:00 hours until 18:00 hours;
- d) On Sunday 1st November 2015 from 10:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 28th September 2015

SIMON BAXTER **INTERIM SERVICE HEAD PUBLIC REALM**

MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

LONDON BOROUGH OF **TOWER HAMLETS**

SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT Timothy Carralero Trigo has applied to the London Borough of Tower Hamlets for a Tattoo licence.

Licence(s) for the premises Thames House, Unit 162, 566 Cable Street, London E1W 3HB.

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulations Service, 6th Floor, Mulberry Place, 5 Clove Crescent, London E14 2BG. Within three weeks specifying the grounds of oppo-

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.



Public and Legal notices inform the public of planning act notices from roads to buildings as well as insolvency acts, notices to creditors, missing beneficiaries & licensing act notices etc.

LONDON BOROUGH OF TOWER HAMLETS THE TOWER HAMLETS (B3 PARKING PLACES) (NO.1) ORDER 2015 (AMENDMENT NO.5) **ORDER 2015**

THE TOWER HAMLETS (C4 PARKING PLACES) (NO.1) ORDER 2015 (AMENDMENT NO.1) **ORDER 2015**

THE TOWER HAMLETS (WAITING AND LOADING **RESTRICTIONS) (NO.1) ORDER 2015 (AMENDMENT** NO.5) ORDER 2015

THE TOWER HAMLETS (FREE PARKING PLACES) (DISABLED PERSONS) (NO. 2) ORDER 2015 (AMENDMENT NO.1) ORDER 2015

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 28th September made the abovementioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- 2. The general effect of the Orders would be to in:
 - Salmon Lane (West side, outside 122 to 140): Change existing Pay & Display Bay to a Residential Permit Holders
 - Redmans Road (outside and opposite 55 to 59) To introduce No Loading 'At Any Time' Restrictions for approx. 27.5m and 5m on the north side and south side respectively to operate between Mon - Fri 8.30am to 9.30am and 3pm to 4pm.
 - C) Clave Street -
 - To move both the existing Permit Holder Bays to the east side of the road.
 - ii) Upgrade the Single Yellow Lines to Double Yellow Line.
 - d) Dongola Road (outside no.15) Convert a single Resident Parking Space into a Personalised Disabled Parking Space (no. TH570).
 - Ellesmere Road Upgrade the existing Single Yellow Lines to Double Yellow Line.
- 3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
- 4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6949), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- 5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 28th September 2015 **SIMON BAXTOR** SERVICE HEAD, PUBLIC REALM

Public notices

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THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - ROUNTON **ROAD E3**

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Rounton Road at its junction with Campbell Road;

Reason: To allow essential resurfacing works to be carried out on the public highway by LBTH;

Alternative Route: For vehicular traffic will be via Campbell Road, Swanton Road and Rounton Road

Period: From Monday 5th October 2015 to Sunday 11th October

Please refer any queries regarding the above traffic restriction to Howard Mackenzie. Road Safety Engineer, Engineering Design on 020 7364 2220 or email, howard. mackenzie@towerhamlets.gov.uk

Dated: 28th September 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE **5 CLOVE CRESCENT LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-**TION ACT 1984 - SECTION** 14 (1)

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND **COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE)** ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Site At 14 To 16 Clegg Street 13 To 15 Cinnamon

PA/15/2240/KHA

Street And 125 To 129 Wapping High Street, Cinnamon Street, London

Site A (125- 129 Wapping High Street): Partial demolition of the existing structures, retention of the front facade fronting Wapping High Street. Redevelopment of the site to provide buildings ranging 2-5 storeys in height comprising a retail unit (Use class A1) fronting Wapping High Street and 27 residential units (Use class C3).

Site B (13-15 Cinnamon Street): Demolition of existing building on site. Redevelopment of site to create new building ranging from 2-5 storeys in height comprising 10 residential units.

Site C (14-16 Clegg Street): Demolition of existing building on site. Redevelopment to provide 4 town houses that would be 3-storeys in height.

Sites A, B and C would create a total of 41 residential units including 1, 2 and 3

6 To 8, Alie Street, London

PA/15/2538/LYM

Demolition of existing office building on the site and erection of a ground plus seven storey office building (Class B1) with reuse of existing basement together with provision of 4.no ancillary study bedrooms for private use by the college, 40.no cycle spaces, plant equipment and associated works.

225 Marsh Wall, London, E14 9FW

PA/15/2303/BMC

Demolition of all existing structures and the redevelopment of the site to provide a building of ground plus 55 storeys comprising residential (Use Class C3), flexible office/community/retail (Use Class B1/D1/A1/A3), resident amenities, basement care parking, public realm improvements and other associated works.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 28th September 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



TEMPORARY PROHIBITION OF TRAFFIC - COVENTRY **ROAD E1**

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Coventry Road, for a distance of approximately 40 metres underneath the railway bridge between its junction with Witan Street and its junction with Three Colts Lane:

Reason: To allow essential detailed railway bridge inspection to be carried out on the public highway by Network Rail:

Alternative Route: For vehicular

traffic will be via Witan Street, Herald Street and Three Colts Lane and vice versa or Witan Street, Cambridge Heath Road and Three Colts Lane and vice versa;

Period: From Monday 19th October 2015 to Thursday 31st March 2016.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david. pryce@towerhamlets.gov.uk

Dated: 28th September 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

our ad in _ife, call.. Terri on 7364 4682

Chris or 7364 4994 Fatima on 7364 4623 Sharan or 364 406



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listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Ladies hit six as Perkins suffers knee injury woe

BY PETER FAULKNER

WAPPING and East London started the hockey season in style with home successes that they hope will be the template for the rest of the season.

The Wapping ladies first team faced Upminster and went on a 6-2 rampage while East London's men, celebrating 25 years, were 2-1 winners over West Herts.

After a frustrating end to last season, Wapping were determined to start the new campaign well and dispel any doubts over their winning capabilities.

From the off they showed skill, patience and dominance, creating early opportunities. The first goal wasn't long coming. Natasha Close linked with Kate Radford on the back line, who slipped to Kate Silberman for a tap-in at the near post.

Wapping continued to pile on the pressure and Close worked some magic after Helen Rees fed a great pass through and she hit a magnificent strike to the bottom left to make it 2-o.

Some intense short corner practice during the week certainly paid off, with two in



Wapping ladies made a winning start to the season

PHOTO: Iain McAuslan

Holly Colvin and captain Lucy Todd, respectively.

A slightly shell-shocked Upminster team managed to Perkins' knee. pull one back before the break, after pouncing on a loose ball and breaking quickly.

The second half got off to a slightly shaky start as Upminster upped their game, but another short corner ended with Lou Song converting after a top right corner.

quick succession converted by rebound off the keeper's pads.

Upminster broke once more, scoring from close range which led to an injury to keeper Karen

With Perkins out and ten minutes left, Holly Colvin stepped into the emergency role of kicking back.

But Wapping weren't content to sit back and, as the clock ticked down, Todd fired a shot into the

East London 2 West Herts 2nd 1 EAST London's first match in East

Division 1 was against fellow promotion winners West Herts.

Late in the first half Joe Green found a bit of space to drive into, reached the base line and squared to Adam Willoughby, who made no mistake.

After half-time the visitors latched on to a misplaced pass to equalise, but Green flicked the winner from a penalty corner.

Soccer round-up Lottrie's just the ticket in cup win

FC Hamlets 4 Sporting Hackney U21s 3

FC Hamlets' recent stuttering form came to an end in the first round of the London Junior Cup at Hackney Marshes, but once again there were a few nervy moments.

Hamlets found themselves 3-0 up and cruising to victory only to allow their opponents back into the tie.

It took just 20 minutes for Hamlets to take the lead, Jay Morris playing the ball to Evaristo Kitoko, who beat the onrushing keeper and slotted calmly into the net.

It was soon 2-0 when Morris got his second assist of the game by playing the ball to in-form Johan Bako who finished well.

Five minutes later a scramble in the box saw Aaron Glasgow pass the ball across the six yard box to Ben Acheampong, who finished from close range.

Hamlets were cruising until the 40th minute when Sporting scored a penalty.

Just five minutes into the second half, Hamlets' defenders failed to clear a long ball and suddenly it was 3-2. There was a stalemate for the next 25 minutes then, on the 70th minute, George Oakley passed to Jamie Lottrie who made the tie virtually safe.

There was one final moment of nervousness two minutes from time when Sporting scored the goal of the game from a free-kick.

Rugby

Perfect start for Millwall

Millwall 30, Stanford-le-Hope 8 MILLWALL made it two wins out of two with a 30-8 victory over Stanford-le-Hope. Richard Downey was the star with a try, three conversions and three penalties,

Coran Ashworth and Mike Oldroyd were the other try scorers.

 $Mill wall \ were \ just five \ points \ clear \ with$ 20 minutes to play, but a Dan Blades kick was gathered by Matt Rowland who offloaded to Oldroyd to score under the posts and open the floodgates.

Millwall 24 Dagenham 12

MILLWALL started the season with a hardfought 24-12 win in the Junior Vase.

A strong opening five minutes was

and Millwall added two more first half international clearance failed to come converted tries through the centre pairing of Matt Rowland and Phil Whittaker.

Dagenham, however, remained in

Another try in the second half gave them hope, but the last quarter saw Millwall dominate the scrum and Simon Mason scored a fourth.

Basketball

Lions coast to victory

Plymouth Raiders 69 London Lions 79 THIS trip to the South Coast for London Lions first British Basketball League match of the season began as a disaster.

New signings Jorge Ebanks and Jaron pressing style in the final quarter.

rewarded as Mike Oldroyd crossed the line Lane ended up as spectators after through for the former and a work permit was delayed for the latter.

So Ebanks watched from the sidelines and contention and scored a try before half-time. Lane followed the game online in North Carolina, USA

> MacMillan opened the scoring for the Raiders before Demond Watt announced his return with a slam dunk. Lions captain Joe Ikhinmwin picked up two fouls and sat it out as the visitors eased ahead 10-12.

> With the scores at 22 each at the end of the first quarter, coach Nigel Lloyd tinkered with the side and by the halfway stage Lions had a 34-38 lead.

> Lions maintained control and Raiders failed to cope with the Londoners'

Uddin: 'We'll learn'

Eton Manor 3 Sporting Bengal o

SPORTING Bengal manager Anwar Uddin admitted he was upset to lose to Eton Manor, but said: "Disappointed in defeat, but you can learn lots about your team in adversity."

Bengal were trailing to a Modeste goal after a quarter of an hour and were always in with a chance of stealing a point... until Chid Onokwai stepped up to hit two late goals in the 81st and 83rd minutes.

This was a match that Bengal had hoped to win but they admit that it turned out to be their worst performance

Bengal were second to everything while Manor were always clinical in front of goal.

The Stepney side did have key players missing but were pleased to see captain Shahed Ahmed back in action. Now it's back to the drawing board for the team.

Tower let it slip

Tower Hamlets 2 Barking 2 TOWER Hamlets were kicking

themselves after victory was snatched from their grasp in injury time at Mile End Stadium.

A defensive error allowed substitute Mathew Ashwell to steal a share of the spoils with almost the last kick of the game.

Tower Hamlets led after 15 minutes through Patrick Lukondo, but Wale Odedoyin levelled just before the interval.

The home side were back in front through an O'Neal Rowe free-kick before Ashwell broke their hearts seizing a misplaced pass to earn a draw.

Stepney quick start

THE Inner London Football League Open Age Winter Season got underway with some high-scoring matches.

Premier Division

Champions Stepney FC showed that they intend to retain the title. Facing First Division champions Hawk & Eagle (formerly SCTA), they won 5-o.

Summer Premier Champions Lotus won 6-2 against Leytonstone. Challenge Cup holders Reachout FC matched that result as they beat last year's runners-up West End FC.

First Division

Promoted Robin Hood Tigers hit the summit in the first week after a convincing 8-1 win over Burdett. Summer First Division Champions ACE won 9-4 against last year's Second Division winners Beaumont Youth to take second place.

Soul Youth returned to the ILFL with a 4-0 win over SYA. Bow and Stepney B played out



More inside

For stories on hockey, football, rugby and basketball...

SEE PAGE 27



Nail-biting end to competition

"I had an idea after three races that it was really close. Once we finished we spent the whole of the way in trying to calculate if we had won or not. We didn't want to celebrate until we knew."

COURTNEY BILBROUGH (PICTURED)



Courtney's top of the Bil

Sailor wins dramatic final selection race to earn her place at the Youth World Championships

SAILING protégé Courtney Bilbrough will celebrate Christmas with her family before jetting off to Malaysia in a bid to become a world champion.

partner Harriet Ward, 17, have earned the right to go for gold at the Youth Sailing World it was really close. Championships in Langkawi from December 27 to January 3.

Watersports Centre on the Isle until we knew. of Dogs, and Harriet, from Epsom, topped the girls' we weren't sure as the points fresh faces. 29er leader board at the Royal were so close." Yachting Association Youth Worlds selection at Hayling supported by sailing partner came out of the blue. Freddie Simes.

Winning meant Bilbrough really expecting it. and Ward were selected to represent Great Britain in the world event at the end of the year.

A full schedule of racing took place over three days with sailors competing for the one selection spot in each class.

The girls' 29er class was the closest fought of all. The top four



BY PETER FAULKNER boats were within just a couple of points of each other as the final race began and anyone could have come out on top. But Bilbrough and Ward held their competitors under 19, brings tonerve to win the final race and. with it, the event.

Courtney, 16, and her sailing still unsure on their final finish place. Bilbrough said: "I kind of British Youth Sailing. had an idea after three races that

the whole of the way in trying Courtney, who started sail- to calculate if we had won or not.

"We thought we had won but

After a disqualification a team in December. earlier in the week, they were Island on the south coast, playing catch-up so the win chance of medals in a lot of the

"We are really happy, but it was really tough."

The 2015 ISAF Youth Sailing World Championships, open to gether the best youth sailors from across the world and the As they sailed in they were RYA have currently selected a team of 12 who will represent

The event is a proven talent indicator – past notable winners "Once we finished we spent include Olympic champions Ben Ainslie and Iain Percy.

Oli Woodcock, team leader, ing with Docklands Sailing and We didn't want to celebrate said: "I think we have a really strong team heading out to Malaysia with a lot of

"We will then meet once as

"I think we have a good classes and I'm really looking Ward added: "We weren't forward to working with them all over the next few months."



Courtney Bilbrough (seated) and Harriet Ward on their way to winning the 2015 RYA ISAF Youth Worlds selection event Picture: Paul Wyeth/RYA

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Getting arty with rubbish

Reduce, reuse and recycle at Half Moon family fun day



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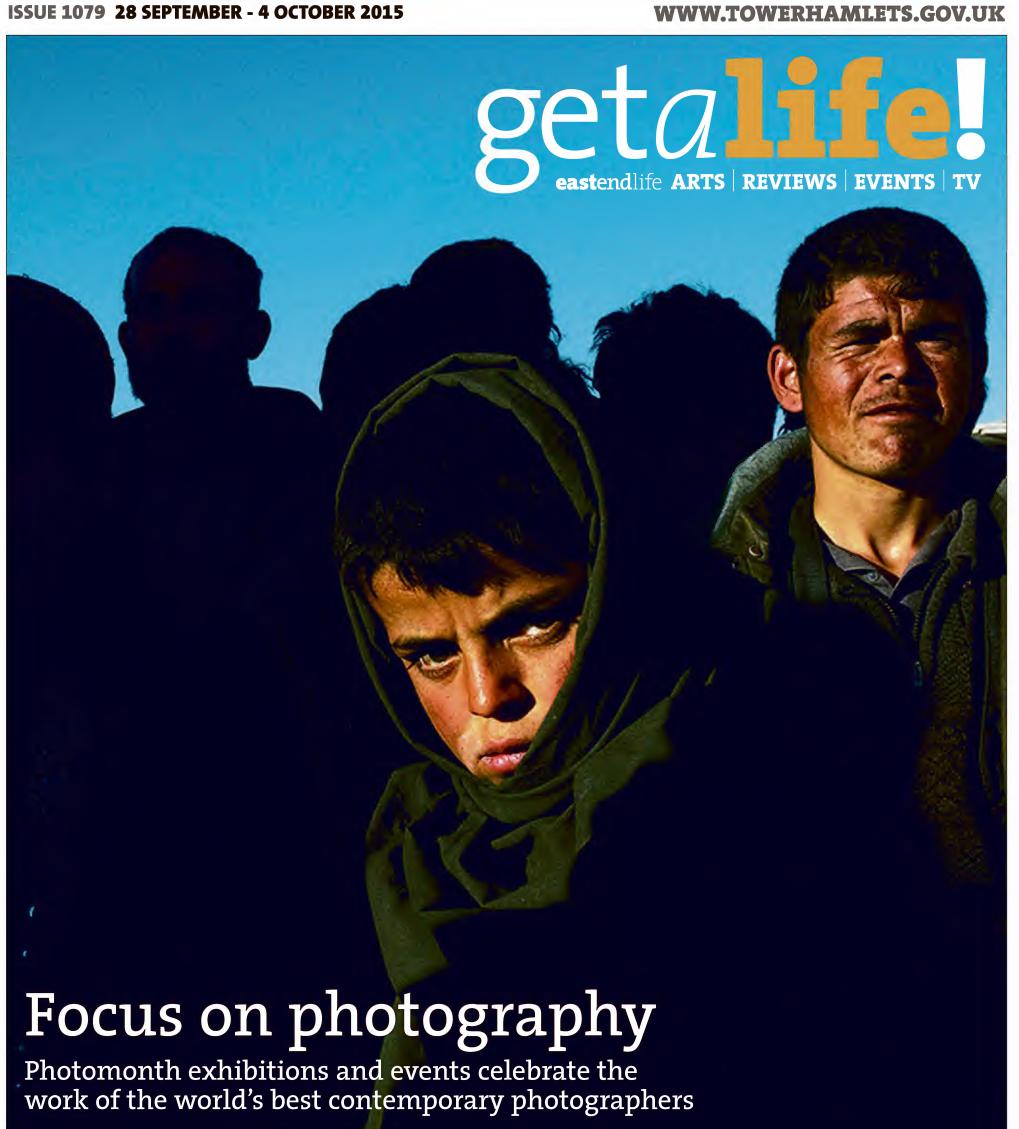
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Plenty to like at gastro pub?

Has a makeover transformed Stepney Green boozer?

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WWW.HALFMOON.ORG.UK

Out & about

Comedy

Duck Duck Goose Presents...

Britains's finest improv comedy teams create scenes, stories and sketches. Sun, Oct 4.7-9.3opm. £5. Backyard Comedy Club, 231 Cambridge Heath Road, E2. www.backyardbar.co.uk

Canary Wharf Comedy Club

Andrew Bird, Nathan Caton, Nish Kumar, Brennan Reece and Mike Wilmot take to the stage. Mon, Oct 5. 7.15pm. £12. East Wintergarden, 43 Bank Street, E14. www.canarywharf.com

Exhibitions

Moniker Art Fair

The contemporary art/street art crossover returns, with work from more than 15 galleries rooted in urban culture.
Fri, Oct 16-Sun, Oct 18. £8.
Old Truman Brewery,

www.trumanbrewery.com

Confluence

Brick Lane, E1.

Fourteen artists mix materials, ideas, colours and disciplines to create pieces of work.
Tues, Oct 13-Sun, Oct 18.
Espacio Gallery,
159 Bethnal Green Road, E2.
www.espaciogallery.com

It's My Party

Artists and children from St John's Primary School, Tower Hamlets, collaborate to create Wilfred's Party, a knees-up with a difference. Until Sun, Oct 18. Free. V&A Museum of Childhood, Cambridge Heath Road, E2. www.vam.ac.uk

The Alice Look

Celebrating 150 years of Lewis Carroll's Alice in Wonderland, this exhibition features garments, photographs and rare editions. Unitl Sun, Nov 1. V&A Museum of Childhood, Cambridge Heath Road, E2. www.vam.ac.uk

Gerard Hemsworth: Nothing to Declare

The British artist presents his



AN exhibition telling the heart-breaking true stories of Britain's child migrants will be held at the V&A Museum of Childhood. An estimated 100,000 British children were sent overseas on migration schemes run by charities, religious organisations and governments, which claimed to offer boys and girls the opportunity of a better life in Britain's Empire overseas. Many never saw their homes or their families again. As well as first-hand stories, photography and personal items, the exhibition will also feature specially commissioned folk songs. It will be open daily from Saturday, October 24 to June 2016, at the museum in Cambridge Heath Road, E2. For details visit www.vam.ac.uk/moc

muted, minimal paintings in which the serious and the absurd co-exist. Until Sun, Nov 1. Free. Matt's Gallery, 42-44 Copperfield Road, E3. www.mattsgallery.org

Jumana Manna

Sculpture and film based on research into the history of Palestine radio.
Until Nov 22. 12noon-6pm.
Free.
Chisenhale Gallery,
64 Chisenhale Road, E3.
www.chisenhale.org.uk

Events

Swing Patrol

Swing and blues dance class. Mon, Oct 5. 8-10.30pm. Backyard Comedy Club, 231 Cambridge Heath Road, E2. www.swingpatrol.co.uk

Wellbeing Festival – THACMHO

Take part in workshops, African drumming, a pampering zone with massages, African jewellery making and nail art. Thurs, Oct 22. 3-9pm. Free. Oxford House, Derbyshire Street, E2. www.oxfordhouse.org.uk

Take a Journey

Accompany a former child migrant on a journey through the exhibition. Followed by a Q&A session with the curators. Supported by the Australian National Maritime Museum Sat, Oct 24 and 31. 3-4-30pm. Free. V&A Museum of Childhood, Cambridge Heath Road, E2. www.vam.ac.uk

Film

London Surf Film Festival

The UK's largest celebration of contemporary surf culture brings together the best surf films from around the globe. Fri, Oct 16 & Sat, Oct 17. Genesis Cinema, 93-95 Mile End Road, E1. www.londonsurffilm festival.com

Marcus Coates

The British artist presents his new film, A Question of Movement, commissioned by Siobhan Davies Dance in collaboration with artist Henry Montes.



The meaning of determination

Isle of Dogs resident David Grindley (left) lives with cerebral palsy, which affects hs speech and movement. The Man Who Found His Freedom is a play inspired by his life.

WWW.SPACE.ORG.UK



Art fair returns

The Moniker Art Fair is expected to attract over 14,000 people this year.

WWW.MONIKERARTFAIR.COM

Out & about

Until Sat, Oct 24. Free. Kate MacGarry, 27 Old Nichol St, E2. www.katemacgarry.com

Smile Acoustic

Three artists take the stage for two intimate short sets, as well as featured collaborations with local music groups, put together on the same day. Sun, Oct 4. 6pm. Rich Mix, 35-47 Bethnal Green www.richmix.org.uk

Eastbeat @ Kingsley Hall

Poetry and music with Paul Moss and Kath Best, Voss Malone, Slipstream and Margaret Atugonza. Funds raised go to the Eve Garnett Mural Restoration Fund. Sun, Oct 6.7pm. Kingsley Hall, Powis Road E3. www.eastbeat.org

Orphaned Land

The metallers from Israel perform an acoustic set. accompanied by the Stimmgewalt Choir. Sat, Oct 10. 7.30pm. St John on Bethnal Green. Cambridge Heath Road, E2. www.stjohnon bethnalgreen.org

Match&Fuse Festival London 2015

Progressive European bands including Get The Blessing and Alfie Ryner. Fri, Oct 16. 8pm. £16. Rich Mix, 35-47 Bethnal Green

The art of recycling

BY MELANIE YEA

HALF Moon Theatre is taking part in a nationwide celebration of arts and culture on Saturday, October 3, where it will reduce, reuse and recycle all things arty.

Fun Palaces is a free, family fun day celebrating arts and the environment.

Throughout the day, which runs from 10am-4pm, there will be a variety of free events with a recycling theme.

These include interactive storytelling with Tell Tale Hearts Theatre, music workshops, science experiments, a garden area where visitors can make a pot and plant a seed, bottle top art, craft sessions, a gallery trail, art workshops and the chance to take part in a junk orchestra.



Delights is an interactive art installation created by Deborah Andrews and will run from 11am-3.45pm.

Participants feed the answer to a given question into the machine, which

The Machine of Visual then generates a piece of unique art.

The current gallery exhibition, Recycollages – Junk Transformed, is by Susan Wadsworth who uses everyday debris such as plastic toys, old comics, broken jewellery and

plastic bags to create her art.

Susan will be at Half Moon throughout the day creating a bottle top hanging display (above left).

For more information call 7709 8900 or visit www. halfmoon.org.uk



Theatre Royal Stratford East, Gerry Raffles Square, E15. www.stratfordeast.com

The Man Who Found

A play inspired by the life of David Grindley, who lives with cerebral palsy, examining life in care, family and friendships Tues, Oct 6-Sat, Oct 10. £14. The Space, 269 Westferry Road, E14. www.space.org.uk

The Sting

Enjoy a taste of 1930s America with a play by David Rogers, followed by a tour of the newly refurbished building. Thirties dress recommended. Until Sat, Oct 17. £35. Wilton's Music Hall, Graces Alley, E1. www.wiltons.org.uk

Things to do

Artistic Impression

Create your own works of art inspired by the Soldiers and Suffragettes exhibition. Sat, Oct 10. 12noon-1.30pm & 2.30-4pm. Free. Museum of London Docklands, West India Dock Rd, E14. www.museumoflondon. org.uk

World War II Sing-a-Long

Explore the stories behind some of the most famous songs of the era. Mon, Oct 26-Thurs, Oct 29. 12noon-12.30pm, 2-2.30pm & 3-3.30pm. Free. Museum of London Docklands. West India Dock Rd, E14. www.museumof london.org.uk

Walks

History Tours

Tours provide a glimpse into the life of the last surviving building of its kind. Every Mon until Oct 26. 6pm. £6. Wilton's Music Hall, Graces Alley, London E1. www.wiltons.org.uk

Road, E1. www.richmix.org.uk

Music for Museums

A series of live performances of experimental music featuring composer Gavin Bryars, cellist Oliver Coates and ex-Sonic Youth guitarist Thurston Moore. Thurs, Oct 1-Thurs, Nov 26. £12-£18.

Whitechapel Gallery, 77-82 Whitechapel High Street, E1.

CANARY WHARF ARTS+EVENTS

AT CANARY WHARF **OCTOBER 2015**

www.whitechapelgallery.org

Theatre

The Collector

Blink theatre commemorates 50 years of the John Fowles novel. Until Sat, Nov 14. £12. The Space, 269 Westferry Road, Isle of Dogs, E14. www.space.org.uk

The Etienne Sisters

A play written by Chè Walker,

with songs by Anouskha Lucas, exploring what it means to be part of a family today. Until Oct 3. £12. Theatre Royal Stratford East, Gerry Raffles Square, E15. www.stratfordeast.com

A Joan Jamboree

The sculpture of legendary theatre director Joan Littlewood will be revealed, followed by a show on stage. Sun, Oct 4. 5pm. £15-£22.50.

PIANOS READY FOR YOU TO PLAY
UNTIL SATURDAY 10 OCTOBER
DAILY / THROUGHOUT CANARY WHARF / FREE

IN CONCERT WITH.

SKYE & ROSS
SUPPORTED BY BEA MUNRO
FRIDAY 2 OCTOBER
7.45PM (DOORS 7PM) / EAST WINTERGARDEN / £20*

CANARY WHARF **COMEDY CLUB**

MONDAY 5 OCTOBER
7.15PM (DOORS 6.30PM) / EAST WINTERGARDEN / £12

ICE RINK CANARY

OPENS 31 OCTOBERDAILY / CANADA SQUARE PARK

COMING SOON IN CONCERT WITH. HUEY MORGAN
MONDAY 9 NOVEMBER
7PM (DOORS 6.30PM)
EAST WINTERGARDEN / £20*

HENRY V
TUESDAY 10 NOVEMBER
7PM (DOORS 6.30PM)
EAST WINTERGARDEN / £10

BOOKING
SEETICKETS.COM / 0871 220 0260
IN PERSON: ON THE DOOR
(subject to availability)

FOR MORE INFORMATION VISIT CANARYWHARF.COM TWEET US @YOURCANARYWHARF

28 SEPTEMBER - 4 OCTOBER 2015

The Art of Ageing

To celebrate the UN International Day of Older Persons 2015 there will be a series of workships for the over-55s.



A life-changing opportunity

An estimated 100,000 British children were sent overseas by migration schemes, which claimed to offer boys and girls the opportunity of a better life Britain's Empire overseas.

www.vam.ac.uk/moc

Get a Life!



THROUGHOUT October, Idea Store Whitechapel will be celebrating the UN International Day of Older Persons with six weeks of art events.

As part of The Art of Ageing event there will be free workshops for over-55s, including creative writing, life coaching for retirement and mindfulness meditation, as well as a 3D installation - entitled Susie and Beryl - by artist Tareshvari Robinson, which features two (very lifelike) lifesize figures (above). The opening night on Thursday, October 1, will feature live music, a film showing and poetry readings.

Visit www.facebook.com/The.Art.of.Ageing or to book any of the courses email art.of.ageing@gmail.com

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14. 7538 3852

Ballroom/Latin American

Fri, 1.45-3.45pm, £5, free refreshments. No beginners. Kingsley Hall, Powis Road, E3. 8550 1392

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free. Alpha Grove Centre, Isle of Dogs, E14 7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12:30pm. St Pauls Shadwell Church,

Dugabo

302 The Highway, E1. energize4girlzdance@gmail.

Green Candle Senior Dance Over-60s, no experience is

necessary. Tues, 10.30am-12.30pm, one free taster session. Oxford House, Derbyshire Street, E2. 7739 7722

Salsa

For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies. Every Weds, 7.30-9.30pm. The Urban Bar, 176 Whitechapel Road, E1.

Swing Dance

07932 658861

All ability levels welcome. Every Fri, 7-9pm.

£7 per person or £10 for a lead/follow couple. The Hall, St Margaret's House, 21 Old Ford Road, E2. 8980 2092

Zumba classes

Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm. St Matthias Community Centre, 113 Poplar High St, E14. 7515 8362

Kids Ballet for children

Every Thurs. Ages 2 fh-3 1/2 years, 2-2.30pm; 4-6 years, 4.45-5.15pm. Alpha Grove Community Centre, Isle of Dogs, E14. nina.monteiro@hotmail.com

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White



idea Academy London

Sunday Supplementary School

- Maths, English and Science for ages 12 to 18
- Individual Learning Plans
- **Experienced Tutors**
- **Exam Preparation**

fidea Academy London

- Flexible Hours, take as many sessions as needed
- Mentoring and Careers Support

Sunday Opening Times:

10am to 5pm (6 sessions) Each Session lasts One Hour

- £10 per hour for Key Stage 3
- £15 per hour for AS & A Level

Please contact us for more information and enrolment.

Sunday Supplementary School held in 82-88 Mile End Road, London, E1 4UN



0207 205 2811 or 07932 693 478

info@ideaAcademyLondon.co.uk Website www.ideaAcademyLondon.co.uk





A larger than life exhibition

Set among London's iconic architectural landmarks, Sculpture in the City, which is in its fifth year, features work from artists including Ekkehard Altenburger, Bruce Beasley and Damien Hirst.

www.cityoflondon.gov.uk

Your dates, our diary

Do you have dates for our Out & About diary? Email details to **eastend life.news@towerhamlets.gov.uk**

DETAILS BELOW

Get a Life!

Horse Road, E1. naima@towerproject.org.uk 7790 9085

Kids' Creative Dance Classes

Mini-movers, 2-3yrs; leaps and strides I, 4-5yrs; leaps and strides II, 5-6yrs; dash, 7-11yrs. Sat mornings. £44-49.50 per term or £4.50/£5 per term, plus concessions.

Chisenhale Dance Space,

64-84 Chisenhale Road, E3 8981 6617 chisenhaledancespace.co.uk

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1. 7481 1911

Rhyme time

Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1. 7790 4039

Young & talented?

Performing arts group for 6to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2. 8556 5348

Parent & child Dance play

Dance and movement, songs and rhymes for parents/carers and children aged 1-5 years. Weds, 10.30-11.30am, term-time only. Cost £2 per child (in adv) or £3.50 drop-in rate, discounts available. Language of Dance Trust, Oxford House, Derbyshire Street, E2. 7749 1131 info@lodc.org

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies

Snapshots of modern life

BY HELEN WATSON

PHOTOMONTH, which runs throughout October, celebrates photography in galleries and venues across the borough.

The festival's aim is to show the diversity of contemporary photography and reach the widest possible audience.

Since 2001, photomonth has become one of the largest of its kind in the UK, with over 100 exhibitions and events involving more than 500 artists.

In 2015 the festival features a packed programme of exhibitions, events, artists' talks, seminars, workshops and courses for everyone who enjoys photography.

Photomonth opens on October 1 at theprintspace in Shoreditch with **Harrodsburg**, an exhibition by Glaswegian social documentary photographer Dougie Wallace.

The exhibition tells a story of glut,

greed and the widening wealth gap playing out on the streets of a city that is going through unprecedented social change.

Visit **www.harrodsburg.co.uk** for more details.

Other highlights include the **Photobook** weekend at the Old Truman Brewery in Brick Lane. Running from Friday to Sunday, October 9-11, the event celebrates independent publishers and the art of the photobook. Visit **www.photobookweekend.com** for details

Photoblock, also at the brewery, features six exhibitions including Hasselblad ShootLDN, the AOP Photography Awards, and The Royal Photographic Society International Print Exhibition.

Also taking place from October 9-11, details can be found at www.truman brewery.com/photoblock

There will be a $\boldsymbol{youth\ workshop}$ at



Syd Shelton, Rock Against Racism

Whitechapel Gallery, in Whitechapel High Street, on Saturday, October 10. Running from 12n00n-3pm, the event is free and open to 15- to 21-year-olds.

Ukrainian photographer Alina Kisina captures the cityscape through mystical images and, at the workshop,

she will teach practical, hands-on skills for taking photos and allow you to explore your own creative style.

Booking is needed, email duchamp andsons@whitechapelgallery.org

For a full list of photomonth events, visit **www.photomonth.org**



Keith Greenough, Wentworth Street



Bulant Acar, Hackney Barber Shop

classes suitable from six weeks until baby is crawling. 07958 645978 www.clareday-yoga.co.uk

Social 3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available.
Tuesdays, 4-8pm.
Kingsley Hall Community

Centre, Powis Road, E3. **07501 468 193**

Bingo

Mons 6.45-9pm.
Tredegar Community Centre,
333 Morville Strret, E3.
07884 168176

Birchfield OAPs club

Mon-Fri, 7-9.3opm; Weds, 1-4pm 50 Saltwell Street, E14.

Fern Street Settlement

Fern Street, E₃.

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm. Isle of Dogs Bowls Club, Millwall Park, E14. 7987 6824

Tower Hamlets U₃A

Tower Hamlets University of

the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership.
Various days and times.
St Margaret's House Settlement, 21 Old Ford Road, E2.
7247 4283

Little Spitz' under-5s playgroupWeds, 10am-12pm, 50p.

Tours and stories.
Spitalfields City Farm,
Buxton Street, E1.
7247 8762

Globe Town bingo club

Pensioners group with bingo and social activities. Thursdays, doors open 12pm. Bingo 2-4pm. Globe Town Community Centre, Bullards Place, E2.

Courting on court

Love & Basketball tells the story of two neighbours pursuing basketball careers who fall for each other.

You've got to be in it to win it...

Send your answers, addressed to Basketball Experience competition, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG, including your name, address and telephone number, by 5pm on Thursday, October 8.

ALTERNATIVELY EMAIL EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Reader offers

Fall in love with basketball classic

READER OFFER

YORK Hall in Bethnal **Green will be transformed** basketball experience this October as an experiential pop-up cinema, with a focus on black film, holds its launch event.

Amacoast Cinema will show ings into a celebration." iconic movie Love & Basketball on a 19ft projector screen. And the night will also feature fun tells the story of two neighbours activities from live cheerleader pursuing basketball careers performances, competitions and giveaways to an all-night DJ, arcade games and street food.

British basketball league team film's 15th anniversary. London Lions will host a slamdunk competition and give tips on hoop skills at the event.

Dele Aro, co-founder of Amacoast Cinema, told East Cinema have two pairs of tick-End Life: "I'm a huge black film ets to give away. fan but I've seen very few in the into an all-American cinema and I was pretty sure I wasn't the only one.

"I thought it would be great to not only provide a communal cinematic experience for black film, but turn the screen-

Love & Basketball, starring Omar Epps and Sanaa Lathan, who fall for each other.

And the pop-up event, on October 16 at 6pm, celebrates the

Visit www.amacoastcinema. **com** for further information or to purchase tickets.

East End Life and Amacoast

To enter a prize draw for a pair, answer the question below: Q. Members of which basketball team will be at the event?

Email vour answer to east endlife.news@towerhamlets. gov.uk putting 'basketball experience' in the subject line.

Or send your answer on a postcard to East End Life, Basketball Experience competition, Town Hall, Mulberry Place, 5, Clove Crescent, E14 2BG.

Entries must be submitted by 5pm on Thursday, October 8.

Entries must include full name, address and telephone number. Details will be passed to Amacoast for marketing purposes.



Omar Epps and Sanaa Lathan in Love & Basketball



Families MATTER

Home Educators Information Event

Parenting in an Online World

Tower Hamlets invites parents and carers who educate their children at home to an interactive workshop, discussing the issues of internet safety and understanding their child's online world.

This workshop is targeted at children aged 5 to 14.

The first half of the session is for parents only (children will be supervised by qualified childcare staff). Children will then join their parents for the second hour to discuss the topic together.

Meet other home-educating parents and share your experiences of educating children at home



To book your place or for more information contact The Parental Engagement Team, Tel: 020 7364 6398 or Email: Parenting@towerhamlets.gov.uk **Limited Places - Booking Essential**













Wasting food hits your pocket Love Food Hate Waste provides recipes for using up leftovers

and handy tips and advice to help us waste less food. Wasting food costs the average family with children around £680 a year.

WWW.LOVEFOODHATEWASTE.COM

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4061

Eating out, eating in

Price isn't right... but there's plenty to like

BY GORDON BLUE

THE Horn of Plenty, a little pub near Stepney Green Tube, has had a makeover and is the talk of the town at the minute.

It's always fun investigating potential locals and this looks warm and inviting from the moment we cross the threshold.

Maggie, the dog, is not only welcomed but offered free doggy snacks, much to her tail-wagging excitement.

Subdued lighting and oldfashioned fixtures and fittings provide a warmth and homeliness, matched by the service. We order large glasses of wine and starters of courgette fritters and crab croquettes to share.

Everything was piping hot and flavoursome.

It's a bit unfair to compare but I was just off a flight that day from Barcelona where fish croquettes are a speciality and these didn't come up to scratch.

But they were nice enough, just lacking in fresh crab meat of both varieties. The courgette



Horn of Plenty could be a lovely neighbourhood boozer

came with.

unfortunate shortage of fish so we had one fish and chips to share and a sub marine roll, which involved seared scallops, calamari and rather a lot of tartare sauce.

The scallops were scant but the squid was in abundance – at £9, a little on the pricey side considering.

The fish and chips was a fritters were tasty and height- good size, with a generous bed

ened by the smoky mayo that of minted garden peas and this could be a rather lovely skinny fries – again, a tad on the little neighbourhood boozer For mains, there was an expensive side at £12.

> The pub itself offers cozy nooks and an impressive selection of board games to while away your autumn evenings. The wine menu is short but provides value for money.

> There's quite an extraordinary beer menu for the aficionado and we were left thinking this pub could be a find in an area that doesn't have a lot of options.

With an eye on the pricing,

and they do offer a special on Mondays – a choice of one of the two, cheaper, hot sub sandwiches accompanied with a small glass of wine for a tenner.

On Sundays, they go into full lunch mode and offer roasts with all the trimmings.

Two ate starters and mains, with a large glass of house wine for just shy of £50 in total.

■ Horn of Plenty is at 36 Globe Road, E1. Tel: 7702 7232.

Use your loaf in fruity favourite

A NEW survey commistion this doesn't have to be the case, Waste found that we're wasting tonnes of bread.

Research shows that around 24 million slices of bread are hunt for Britain's best leftover thrown away from UK house- bread recipes - enter the comholds every single day.

main reason it goes to waste. But hatewaste.com/useyourloaf

sioned by Love Food Hate as bread is really versatile. That's why we're launching our Use Your Loaf campaign.

The campaign is also on the petition and find more tips and Letting bread go stale is the recipes at england.lovefood

Summer pudding terrine

Ingredients

4 slices of white bread, crusts removed 350g summer berries (redcurrants, blackcurrants, strawberries, raspberries, blueberries, blackberries)

25g caster sugar 25ml Ribena 30ml water Zest and juice of 1 orange 1 tbsp fruit jam 20g French morello flavour glacé cherries, chopped

Method

1. In a medium saucepan, dissolve the sugar in the Ribena, orange juice, zest and water. Add morello cherries, jam and all the berries – apart from raspberries and strawberries.

2. Bring to the boil and simmer for a couple of minutes until soft. Remove from the heat and add the strawberries and raspberries stir and allow to breathe.

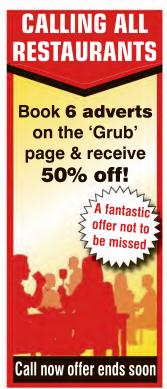
3. Line a 1lb loaf tin with a large piece of cling film, overlapping

the edges. Use a rolling pin to flatten your four slices of bread and line the tin with them, ensuring there are no gaps.

4. Add the fruit mixture but set aside a small amount for serving-cover with bread and fold over the sides. Place the second tin on top and weigh it down. 5. Refrigerate overnight.

6. To serve, upturn on an oblong plate, pour juice over any white bits and garnish with fresh berries, crème fraiche or cream.









Extra Parent Tour Dates

61% 5+ A*-C incl Eng & Maths, 86% A*-C English, 75% A*-C Maths

(Due to increased parental interest, we have to offer extra dates)

OPEN MORNINGS IN OCTOBER

Monday 5th and Tuesday 6th October 9:30 – 11:00



Come and see for yourself what a day in our school is like...

Langdon Park School | Bright Street | London E14 0RZ 020 7987 4811 admin@langdonpark.org

www.langdonparkschool.co.uk



East End Life to go fortnightly

Mayor Biggs announces plans for newspaper – have your say

SEE DAGE





Places to go, things to do

Find out what's happening in the borough this month

SEE CET A LIEE INSIDE

ISSUE 1079 28 SEPTEMBER - 4 OCTOBER 2015

WWW.TOWERHAMLETS.GOV.UK



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY



LAST YEAR WE SENT MORE YOUNG PEOPLE FROM TOWER HAMLETS TO UNIVERSITY THAN OTHER SCHOOLS AND COLLEGES

WWW.TOWER.AC.UK/OPEN

A GOOD COLLEGE WITH OUTSTANDING FEATURES OFSTED 2014



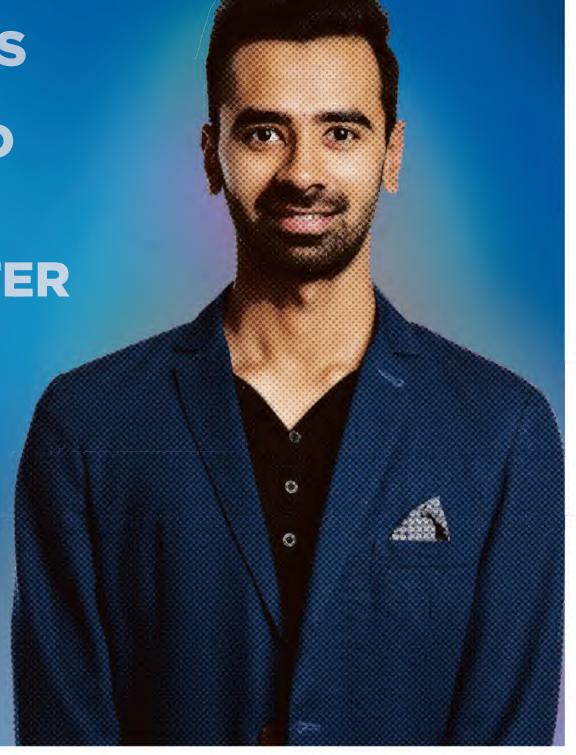
OPEN DAY

SATURDAY 3 OCTOBER 2015 11AM - 3PM, POPLAR CAMPUS

"MY TEACHERS
ARE EXPERTS
IN THEIR FIELD
AND HELPED
ME A GREAT
DEAL TO BETTER
UNDERSTAND
MY SUBJECT."

IMRAN

Studied Access to Science Diploma, progressed to Warwick University to study Biomedicine



WWW.TOWER.AC.UK/OPEN

A GOOD COLLEGE WITH OUTSTANDING FEATURES
OFSTED 2014



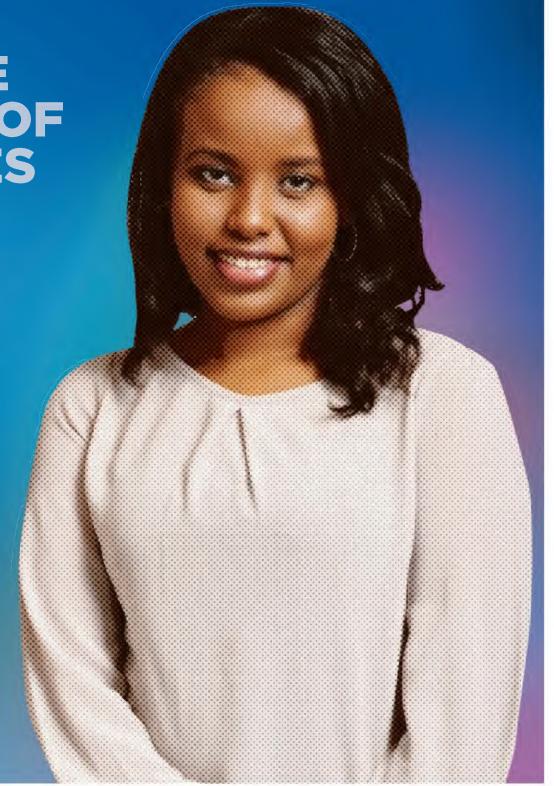
OPEN DAY

SATURDAY 3 OCTOBER 2015 11AM - 3PM, POPLAR CAMPUS

"THIS COLLEGE
OFFERS A LOT OF
OPPORTUNITIES
FOR YOUNG
PEOPLE TO
DEVELOP THE
SKILLS THEY
NEED TO BE A
SUCCESS."

HUDA

Studied BTEC Business, progressed to study Business Management at Coventry University - ranked as the UK's top modern university



WWW.TOWER.AC.UK/OPEN

OPENDAY



SATURDAY 3 OCTOBER 2015 11AM - 3PM, POPLAR CAMPUS

A-LEVEL SUCCESS RATE INCREASED TO 92%, WITH 31% GRADES AT A*, A AND B

300+ STUDENTS PROGRESSED TO UNIVERSITY, INCLUDING TO TOP RUSSELL GROUP ONES - KING'S, QUEEN MARY, UCL, EXETER & WARWICK

STUDENTS PROGRESSED TO STUDYING DEGREES IN LAW, AERONAUTICAL ENGINEERING, POLITICS, ECONOMICS, CHEMISTRY, PHYSICS & BUSINESS

"MY TEACHERS REALLY HELPED ME TO FOCUS ON ACHIEVING MY AMBITION TO GO TO UNIVERSITY."

FARJANA

Studied A-levels, progressing to City University to study Sociology with Psychology

